



WASTE NOT

Coshocton County Recycling & Litter Prevention Newsletter
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Spring 2018

Worming My Way into the Community

Recycling and litter can be topics that many people consider boring. It is a challenge to think up ways to promote recycling, encourage people to not litter and to pick up the litter they see in an informative and entertaining way! Luckily, I have an “ace in the hole.” I have worms. As funny as that sounds, it is low-cost, low-input hobby that I use not only to educate adults and kids alike, but I am able to use the worm by-product (castings) as a great soil amendment for my houseplants and container gardens. Worm compost is packed with nutrients plants need for healthy growth.



Food and yard waste makes up approximately 27% of the trash Americans throw away. It makes sense to include food waste when we discuss why it's better to recycle things like paper, plastics and metals that might otherwise be “trashed” and taken to the landfill. Instead of throwing away banana peels, old lettuce, coffee grounds and other kitchen scraps, I feed it to my worms. About one pound of red-wiggler worms (approximately 1000 worms) can consume about one-half pound of food scraps every day!

I have had the pleasure of sharing my recycling worms with Coshocton County Youth Leadership, students involved in the First Step Mentoring Program from River View, Ridgewood and Coshocton Schools and, most recently, with Hopewell Industries. If you have a group that would be interested in learning more about litter prevention, recycling or worms, contact me!



“Plogging” for Health and Community

Have you ever heard of “Plogging?” Plogging is a new European trend that combines jogging with picking up litter- a play on the Swedish ‘plocka upp’ (pick up) and jogging!

On March 20, Coshocton Recycling & Litter Prevention teamed up with EnVie Fitness for a one-hour plogging session. This workout took the place of a “bootcamp” class, but we still got a good workout while cleaning up around the EnVie Studio, Main Street and Court Square.

EnVie members and family all pitched in to help clean up litter, get in some squats and burn some calories. In total, **56 pounds** of litter were collected in an eight-block area- and disposed of properly!

Be part of the solution, not the pollution.



Upcoming County Cleanup Days

Mark your calendars and start gathering your clean-up crews!

- **Free Scrap Tire Clean-up Day- Friday, April 13**, 9:00 am-3:00 pm at the Coshocton County Fairgrounds. Contact the Coshocton Co. Health Dept. at 740.295.7305
- **Coshocton Clean-up Day- Saturday, April 21**, 8:30 am-11:30 am, Meet at the Court Square Gazebo. Doughnuts and bottled water available, free t-shirts for the first 50 participants!

Where Can I Recycle...

Disposable batteries (AA, AAA, C, D, 9V, button, etc.): Coshocton Library & Post Office, Warsaw Post Office and West Lafayette Library and Post Office.

Fluorescent (CFL) Light Bulbs: Coshocton County Health Department, County Services Bldg, 724 South 7th Street

Glass (Clear and brown): Skip's Recycling, 22375 County Road 1A

For more information, visit:

www.coshoctoncounty.net/recycle/where-to-recycle

Tips for A Cleaner Recycling Stream

Contamination is a problem because it clogs recycling systems or ruins an otherwise recyclable item.

- Rinse all cans and plastics to remove food particles- this cuts down on contamination as well as critters, flies and smell in the trailers.
- Paper, cardboard, or aluminum foil soiled with food is not recyclable.
- Break down boxes to allow more room in the trailers for more recyclables.
- Please do not place trash in or around recycling trailers!



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Recycling & Litter
Prevention

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