# Coshocton County General Health District



2022 Annual Report

# **About Us**

# **Mission Statement:**

The mission of the Coshocton County General Health District (CCGHD) has been to protect, promote, and improve the health and safety of Coshocton County residents.

# Vision:

Working to ensure healthy living and learning in a safe environment.

<b>Board of Health Members:</b>	Term Expires
Scott Limburg, Licensing Council Rep/President	2027
Dr. Robert Gwinn, MD	2024
Don Wells	2025
Linda Weber	2023
Dr. Jeff Poland, DVM	2026

# **Board Meetings:**

In 2022, the Board of Health for the CCGHD met the third Thursday of each month at 5:30 pm. Meetings were held in room 145 of the Coshocton County Services Building Meetings were open to the public.



CCGHD has been located in the Coshocton County Services Building at 724 South Seventh Street in Coshocton.

# **2022 CCGHD Administration**

# **Health Commissioner**

**Steve Lonsinger** 740-295-7304

# **Program Directors**

Tammy Smith, Director of Nursing, Director of Maternal & Child Health Center 740-295-7307

**Zach Fanning**, Director of Environmental Health 740-295-7305

**Brittany Taylor**, Director of Women, Infant, & Children 740-295-7333

**Jessica Burt**, Fiscal Admin, Accreditation Coord. & Vital Statistics Registrar 740-295-7331

# **Director of Nursing Report – District Health**

Tammy Smith, R.N., Director of Nursing

Public Health 2022 Report of Services Provided									
Adult Immunizations	Influenza	136							
given:	Hepatitis B Vaccine	2							
	Tdap	2							
1	COVID-19 Vaccine	1,272							
Tuberculin Skin Tests:	Mantoux - Visits	92							
Nurse Checks:	Blood Pressure, Head Lice, Health Questions/Assessments for District Health, Maternal and Child, and WIC								

<u>Project Dawn:</u> Coordinates program to educate, train, and dispense Naloxone (Narcan) to First Responders in Coshocton County.

<u>Clinics</u>: Coordinates, schedules, fills in for staff, provides case management, and clinical services. Assists physicians and families with follow-up: Breast & Cervical Cancer Program, Adult Immunization Clinics, BP Clinics, Prenatal Clinic, and Child Health Clinic.

**TB Registrar**: Responsible for testing, investigation, providing education, medication, reporting and counseling. Registrar for Coshocton County.

<u>Communicable Disease</u>: Monitors, investigates, and reports to the Ohio Department of Health, (ODRS) Ohio Disease Reporting System. Provides counseling and follow-up to clients and contacts. Conducts head checks for head lice, gives presentations and assists schools and agencies with outbreaks. Gives Bed Bug education.

<u>Lead Case Manager</u>: Enters cases in the Healthy Homes Lead Poisoning Surveillance System (HHLPSS) thru ODH & CDC. Gives education, makes home visits, and provides service coordination to families with children who have elevated blood lead levels.

<u>Medicaid Assistance Claims (MAC) Billing</u>: Time studies are done quarterly and the data is submitted to the Ohio Department of Health. This program generates additional funding for the Health Department. <u>District Health MAC Income</u>: \$43,245.81

**Emergency Preparedness Training & Activities**: Serves on the S.E. Ohio Regional Epi Group. Participates in local and regional drills, meetings, activities, and trainings. Assists with the (PHEP) Public Health Emergency Preparedness Grant.

<u>Medical Reserve Corps</u>: Coordinates the Coshocton County MRC Unit. Serves as the Point of Contact for the Ohio Department of Health and the Ohio Emergency Management Agency. Performs activities, recruiting, training, and exercises.

<u>Youth Health Day</u> – Coordinates and organizes this annual event for all three school districts in the county. Seventh graders attend the day, filled with educational speakers and activities related to health and safety. 2022 event cancelled due to COVID-19.

<u>Health Education</u>: Presentations and education given throughout the year at schools, agencies, health fairs, churches, civic organizations, and events such as: The WIC Expo, Coshocton Health, Safety, & Wellness Expo, West Lafayette Rotary Health Fair, Senior Center, Hopewell Industries, EMS, and the Coshocton County Fair.

<u>Trainings</u> – CPR, Bloodborne Pathogens & Naloxone training for staff.

<u>Child Fatality Review</u>: Serves as Coordinator of this mandated program. Responsible for gathering and storing data, coordinating reviews of child deaths, filing and submitting reports to the Ohio Department of Health and the National Database.

The Ohio Sobriety Treatment and Reducing Trauma (START): Serves as a Steering Committee Member. START is a Children Services led initiative that has been shown to improve outcomes for both parents and children affected by child maltreatment and parental substance use disorders. The overall goal of this program is to stabilize families harmed by parental drug use so that both children and their parents can recover and move forward with abuse-free and addiction-free lives.

<u>Head Start Advisory Board</u> – Serves as a member to advise on best health practices for Head Start staff and students

**Family & Children First Council**: Trustee (Health Department is a mandated member)

<u>Home Visits</u>: Home visits are conducted for communicable disease investigation, to assist Adult Protective Services, Children's Services, Schools, and the Lead Program.

<u>Coshocton County Employee Health Fair 2022</u>: Nursing staff administers Influenza and COVID Vaccines (11/3 & 11/4)

# CDC Foundation COVID-19 School Liaison

# **Liaison worked with Director of Nursing to:**

- Secure bicycle helmets for Safety City participants
- o Provide hygiene products for students
- o Secure ATV helmets



# National Drug Take Back Day - Saturday, April 30th - 10am to 2pm

- The County Health Department partnered with the Coshocton County Sheriff's office to hold a drive-thru event at the County Services Building
  - **134#** of prescriptions drugs were collected
  - Coshocton County Farm Bureau delivered 100 Drug Deactivation Bags to the Health Department, these were handed out to during the event
  - Director of Nursing assisted the Sheriff with the event



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# **Coshocton County Fair Booth 2022**



# **COVID-19 RESPONSE**:

- **Unified Command:** Collaboration of planning and response with community partners; EMA, City Health Department, CCEMS, Sheriff's office, CRMC, City Fire
- **Case Investigation:** A core disease control measure employed by local health department nurses, is a key strategy for preventing further spread of COVID-19 infection
- Contact Tracing: Notify and provide support to people (contacts) who may have been infected through exposure to the patient. This process prevents further transmission of disease by separating people who have (or may have) an infectious disease from people who do not
- Guidance and Management of Congregate Living Facility Outbreaks in the County
- Coordinate COVID-19 Testing for Congregate Living Facilities: Work with ODH and Facility to gain
  approval for specimens to be sent to ODH Laboratory. Coordinate testing using CRMC to perform onsite testing
- Ohio Department of Health COVID-19 Calls
- Ohio Department of Health COVID Vaccine Planning Calls
- **Information Sharing with Community Partners:** Hospital, EMS, Schools, Daycares, Churches, Businesses, etc.

# **COVID-19 Vaccination Efforts**

- Community Outreach COVID Vaccine Clinics: The County Health Department held several vaccine clinics at community events.
  - Employee Health Fair
  - West Lafayette Rotary Health Fair
- Healthcare Facility On-site Clinics: The County Health Department nurses went on site several times to administer COVID Vaccine to staff and residents
  - \*Echoing Hills \*GentleBrook \*Lafayette Pointe
- Homebound Individuals: County Health nurses provided in home COVID-19 vaccinations to those that are unable to travel to the vaccination clinics
- County Jail: The County Health Department nurses went on site several times to administer COVID Vaccine to staff and inmates

Public Health Nurse 2022 Report of COVID-19 Services Provided								
COVID-19	Total Number of COVID-19 Cases	2135						
	Long-term Care Facility Outbreak Management	11						
	COVID-19 Vaccine Clinics	153						
Total Nursing Staff COVID Hours Worked	2729.5							

- Case Investigations: Contracted with PCG (Public Consulting Group) to provide case investigators to aid in daily monitoring of cases, making initial calls and entering case information into the Ohio Disease Reporting System (ODRS)
  - o PCG staff work 5 days/week 9am- 5pm
- Additional Staff: Health Department retained additional staff to assist with the surge of COVID-19 cases in Coshocton County
  - Case Investigators 2
- Nursing Staff: Entered self-reported cases (positive at home test) and conducted case investigations
  as this is the key strategy to prevent and limit further spread of transmission
- Public Education: WTNS Talk Show, Bulletin Board, Social Media, and Billboards
- Serve as a resource for COVID-19 Guidance: for CRMC Hospital, Physician Offices, Rapid Care, Community Agencies, Schools, Long Term Care Facilities and Businesses

Coshocton County 2022 Reported Infectious Diseases by Township

								-																
	Adams	Bedford	Bethlehem	Clark	Crawford	Franklin	Jackson	Jefferson	Keene	Lafayette	Linton	Mill Creek	Monroe	Newcastle	Oxford	Perry	Pike	Tiverton	Tuscarawas	Virginia	Washington	White Eyes	Unknown	Total
Campylobacteriosis	0	0	0	0	1	0	1	0	1	0	0	0	1	0	0	0	0	0	1	0	1	1	0	7
Chlamydia infection	1	3	3	1	0	2	6	0	3	10	0	2	0	2	5	1	2	0	54	0	3	3	0	101
Cryptosporidiosis	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0	1	0	0	3
E. coli	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0	0	0	0	0	0	2
Giardiasis	1	0	0	0	1	0	0	0	0	0	0	1	0	0	0	0	0	0	1	1	0	0	0	5
Gonococcal infection	0	0	0	0	0	2	0	0	0	1	0	0	0	2	2	0	0	0	10	0	0	0	0	17
H. influenzae	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1
Hepatitis A	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	2	0	0	0	0	3
Hepatitis B	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0	6	0	0	0	0	8
Hepatitis C	0	0	0	1	0	0	0	1	1	3	0	0	0	0	0	0	0	0	11	0	0	0	0	17
Influenza-Assoc. Hospitalization	0	0	1	2	1	1	2	2	1	6	0	0	0	0	1	0	0	0	7	1	0	4	0	29
LaCrosse Virus Disease	0	0	0	0	0	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2
Legionellosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	1
Listeriosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1
Lyme Disease	1	2	7	1	4	1	12	4	6	5	3	4	1	1	2	2	0	2	20	3	2	3	0	86
Mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1
Pertussis	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	1	0	1	1	1	6
Rickettsial Disease	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1	0	0	0	2
Salmonellosis	0	0	0	1	1	2	0	1	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	6
Streptococcal Disease	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	2	0	0	1	0	4
Strep. pneumoniae, Invasive	0	0	0	0	0	0	0	1	1	0	1	0	0	0	0	0	0	0	1	0	0	0	0	4
Syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
Varicella	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1
Viral Meningitis	0	0	1	0	0	1	0	0	0	3	0	0	0	0	0	0	0	0	0	1	0	0	0	6
Yersiniosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
SARS-CoV-2	50	52	66	30	20	119	241	166	119	508	58	28	23	43	123	58	57	19	1779	60	50	89	0	3758
Total	53	57	78	36	28	129	263	175	133	540	62	35	26	49	134	61	60	23	1901	67	58	103	2	4073

Note: Includes confirmed, probable, and suspected cases

### **Children with Medical Handicaps (CMH)**

Denise Thompson, CMH Nurse Annual Report 2022

Active CMH Cases: 103 Diagnostic & Treatment

**New CMH Cases Pending:** 0 PHN/HMG

4 Diagnostic

4 Treatment

0 Service Coordination

Clients Discharged: 18 New Cases Pending Letter of Approval: 4

**Home Visits Completed:** 0 **Office Visits:** 5 **Phone visits:** 16

It was recommended by ODH that home and office visits be discontinued due to the COVID pandemic in 2020/2021. Home visits were allowed and offered in 2022.

# **Development of CMH program:**

Home/office/community visits are completed to conduct a comprehensive public health nurse assessment of the child and his or her environment. This visit with the child and family allows for identification of needs and safety concerns and giving of referrals to appropriate agencies and healthcare providers.

Help Me Grow Part C Early Intervention Public Health Nurse (PHN) Consultative Services Provider. The Children with Medical Handicaps program allows for the PHN to provide consultative services to any child from birth to age 3 years that may be eligible for Part C early intervention services based on a diagnosed mental or physical condition and the child's service coordinator. These services may be provided for a total of one year.

Coordinates CMH program providing specialized direct Public Health nursing services and assists in planning, implementing and evaluating the CMH Program. Provides home, office and community visits to provide routine and specialized Public Health Nursing care. Independently monitors CMH program activities while implementing program policies and procedures. Evaluates program effectiveness, participates in health assessments, referrals to specialists/community agencies. Reviews medical histories and current health conditions of clients to determine special health care needs, arranges services accordingly. Prepares and maintains client records, generates all billing for the CMH Program.

01/01/2022 to 12/31/2022 Claims Billed: \$8'	
01/01/2022 to 12/31/2022 Claims Paid: \$83	360
01/01/2022 to 12/31/2022 Adjusted Off: \$1	165
01/01/2022 to 12/31/2022 Claims Unpaid: \$3:	50



# **MATERNAL & CHILD HEALTH CENTER (MCHC) 2022**



The Maternal & Child Health Center exists to provide health care, education, screenings and referrals for under/uninsured children and pregnant women in Coshocton County. Families using MCHC services are charged a fee based on a sliding scale, which considers family size and income. The Center also accepts all forms of Medicaid. At MCHC, we are committed to serving **all families regardless of ability to pay**. The current state of our economy has left many families uninsured, or "underinsured", meaning while they may have insurance, the services we provide may not be covered by their insurance or, if they are, the family is unable to pay the deductible required. Thus, many patients receive services free of charge. The Maternal & Child Health Center is a division of the Coshocton County Health Department and a United Way Partner Agency.

# **Child Health Clinic Services:**

Immunizations
Vision & Hearing Screenings
Developmental Screenings
Referrals as Needed
CPS child placement exams
Lead Poison Testing & Iron Screening
Assistance with Accessing Medicaid

### **Prenatal Clinic Services:**

Comprehensive Prenatal Care
Pregnancy Testing
Assistance with Accessing Medicaid
Prenatal/Nutritional Counseling
Assistance with social service needs
Postpartum Check-up
Referrals as Needed
Childbirth Education Classes

Our dedicated staff of part-time employees includes: Office/Billing Clerk, Two registered nurses; one each for our prenatal and child health clients, along with the expertise of an OB practitioner and a medical director for each of the two clinics. The Center is open Tuesday through Thursday from 8 am to 4 pm (12-1pm Closed for lunch).



# **Community-based Outreach:**

MCHC works to promote health and prevention throughout the community. This includes: periodic PSAs or written articles using local media, Facebook page and participation in many health fair/public event settings such as the annual County Fair, WIC Nutrition Fair, and Baby Expo.

# \*Pack a Backpack Event – July 12th – Coshocton Regional Medical Center

Campaign led by Coshocton Regional Medical Center to provide every elementary student in Coshocton County with a backpack and basic school supplies. Over 3,300 backpacks were filled with school supplies and distributed to students at Coshocton, River View, Ridgewood, Coshocton Christian School, Hopewell, Sacred Heart, and Head Start. The Maternal and Child Health staff enjoyed participating in this impactful event.



\*WIC Baby Expo – August 4th

Coshocton Fatherhood Fall Festival – October 29th





# **Childbirth Education Classes**

These classes are open to all Coshocton County residents, regardless of where they are receiving prenatal care or plan to deliver. Attendees will learn the phases of labor, pain management, relaxation techniques, breathing techniques, cesarean surgery, and early newborn and postpartum care.

Classes consist of a 5week series, held weekly on Tuesday evenings from 6-8pm at the County Services Building. New classes will be offered every other month (March, May, etc...). The cost of the class is \$55 and is billable to Medicaid. Those with private insurance or no insurance will pay using a sliding fee scale, based on household income and size. No one is turned away for inability to pay.

(Childbirth Education Staff)





MCHC provides safe sleep education to our prenatal clients and as part of the awareness efforts, we are providing literature. We are also providing a blanket, donated by the Canal Quilters, for Tummy Time. Tummy time is a phrase used for the time that an infant is placed on their tummy for playtime, while awake. All babies should be placed on their back to sleep.



# **MCHC Accomplishments**

• MCHC staff served on advisory boards/working committees including: Early Childhood Committee, Child Fatality Review Board, Head Start Health Advisory Board, Coshocton Breastfeeding Network, and the Ohio START Steering Committee.

MCHC 2022 Report of Patients/Services Provided							
	Number of Children Served	352					
Child Health	Visits to the Clinic	352					
Clinic	Immunizations Administered						
Cillic	Vision and Hearing Screenings						
	Lead/Iron Screenings	25					
Prenatal Clinic	Visits to Clinic	184					
	Pregnancy tests	28					
	Women served	37					

The Global Pandemic has had a negative effect on routine Childhood Immunization rates Nationwide. The Pandemic has impacted immunization rates locally. MCHC has remained open while taking all necessary precautions to safely offer services to the women and children in our community.

(Child Health Clinic Staff)



(Prenatal Clinic Staff)



(Sarah Lusk – Community Health Worker; Amanda Poorman, MSN, CNM – Certified Nurse Midwife; Denise Thompson, RN – Prenatal Nurse; Tina Albertson – Front desk/billing)

(Sarah Mowery, RN -Public Health Nurse; Alishia Virostko, RN - Child Health Nurse, Tammy Smith, RN - Child Health/Prenatal Director; Tina Albertson - Front desk/billing)



### COVID-19

Maternal and Child Health staff have assisted with the Coronavirus Public Health responsibilities (case investigations, data collection, records, vaccination clinics and community outreach clinics). These duties were performed in addition to the daily Maternal and Child Health Clinic duties which were always held at a priority level. The staff has worked above and beyond to ensure the wellness and safety of Coshocton County residents.

Child Health and Prenatal Clinics have remained open and continued to serve community members throughout the entire Pandemic, while maintaining precautions to ensure staff and patient safety.

All hours worked combatting COVID-19 by Maternal and Child Health Staff were paid out of COVID grant funding.

### **Pediatric COVID-19 Vaccinations**

The Child Health Clinic offers vaccination to ages 6months old and up. Our clinic is 1 of only 2 providers in Coshocton that offer COVID vaccine to those younger than 12 years old.

# Pediatric COVID Vaccines Administered 2022

165



(Maternal and Child Health Center - Coshocton Fair Booth 2022)

<u>Medicaid Assistance Claims (MAC) Billing</u>: Time studies are done quarterly and the data is submitted to the Ohio Department of Health. This program generates additional funding for the Health Department. <u>Maternal and Child Health Center MAC Income</u>: \$6,077.30



# 2022 Annual Environmental Health Report

# **Environmental Health Licenses and Activities During 2022**

Food Safety		<b>Smoking Complaints</b>
Food Service Operations-	46	Complaints were investigated and
Retail Food Establishment-	29	dismissed. (0)
Vending-	9	,
Mobiles-	14	
Temporary Food-	12	
1 2		
	Total: 110	
Private Water		Solid Waste licenses
New Permits-	81	C&DD-
Alteration permits-	3	Municipal- 1
•		Residual- 1
Sewage Treatment Systems		Rabies/Bite Reports
Installation Permits-	80	Animal Bites- 63
Lot Split Reviews-	279	Post exposure treatment- 0
Operation permits	137	
		~ <b></b>
<b>Camps/Campgrounds</b>		Solid Waste Haulers
Resident camps-	2	Registered Haulers- 5
Campgrounds-	11	
Temporary camps-	0	
Dools		Water Haulers
Pools	10	Water Haulers
Swimming Pools-	10	Registered Water Haulers- 2
Bathing Beaches-	2	Millcreek Water Hauling- Kevin Kaser Wild Water- Draysen Wilden

# **Manufactured Home Parks** 6 (Coshocton)

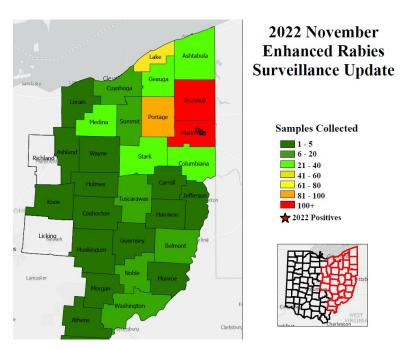
Licensed by the Ohio Department of Commerce

# Home Sewage Treatment repair/replacement Program Funding 2022

8 projects were eligible and 3 were completed in **2022** for the repair and replacement of failing home sewage treatment systems. We have until December of 2023 to use the 2022 funds. For 2023 We have been awarded to use up to **\$150,000** for HSTS and up to **50,000** for Sewer connections. A family of 4 earning under 83,250.00 in 2023 can be eligible for at least 50% total coverage of the total cost of the project.



# 2022 USDA Wildlife Services Rabies Surveillance program



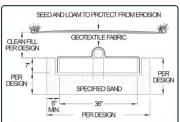
**2022** Rabies Surveillance throughout the state of Ohio. There were no reports of rabies in Coshocton County through the state surveillance program. 3 cases of rabies were found in raccoons in Mahoning County. If a rabid animal is suspected/sick or dies residents can call the Health Department at 740-295-7305. Arrangements for pickup/drop off available.

Sewage Treatment System Products- Soils Absorption Systems. The majority of the products being used in 2022 for new sewage treatment systems include the Eljen Modules which is a sand line system, the ATL by infiltrator which is another sand lined system and the infiltrator chambers.

### **Product B43**

Length 4', Width 3', Height 7"





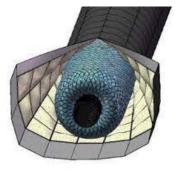
Each GSF Module is made up of a geotextile fabric and a plastic core material that work together to provide vertical surface area and oxygen transfer. The GSF System applies treated effluent to the soil, increasing the soil's long-term acceptance rate. A Specified Sand layer provides additional filtration, and prevents saturated conditions.

# <u>Eljen</u>



The Quick4® Equalizer 36 Chamber fits in a 24" wide trench and is ideal for curved or straight systems. It features the patent-pending Contour Swivel Connection™ which permits turns up to 10°, right or left. The Multi-Port™ endcap allows multiple piping options and eliminates pipe fittings. The chamber's 4' length provides optimal installation flexibility.

# **Infiltrator Chambers**



ATL by Infiltrator

Advanced Treatment Leachfield by Infiltrator is a passive advanced leachfield treatment system designed as an environmentally friendly alternative to traditional stone and pipe drain fields. The ATL system is a sand-lined treatment and dispersal leachfield system consisting of 6 components.

### Women, Infants and Children (WIC) 2022 Report

# **Brittany Taylor, Program Director**

Coshocton County Women, Infants, and Children program (WIC) provides Nutrition Education, Healthy Foods, Breastfeeding Support and Healthcare Referrals for income eligible pregnant women, breastfeeding mothers, non-breastfeeding mothers up to 6 months postpartum, bereaved mothers up to 6 months postpartum, and infants and children up to age 5. Eligibility continued at 185 percent of Federal Poverty Income Guidelines. A person currently receiving Medicaid, Food Assistance, or Ohio Works First is automatically eligible.

Coshocton County WIC offers curbside card loads and over the phone appointments Monday-Friday, hours 8:30 am – 3:30 pm. WIC staff is made up of 2 part-time (PT) Support Staff, one whom is a CLC; 1 PT and 1 full-time Health Professionals (a Diet Tech/Director and a RNL-OB/CLC,); a PT Breastfeeding Peer Helper/CLC, 1 contracted RDN/CLC, and 1 contracted IBCLC. In contract with the IBCLC since October 2021 for the Breastfeeding Coordinator position. The IBCLC Breastfeeding Coordinator contract ended as of September 30<sup>th</sup>, 2022.



Coshocton County WIC Staff: (left to right) Tonya Webster, Adana McKay, Brittany Taylor, Amanda Taylor, Lisa Sheer, Susan Worthington. (Not pictured: Cindy Hilbish.)

Ohio WIC remains a 1-year certification cycle allowed by federal guidelines. Participants still present every 3 months for nutrition education, follow-up, health assessments, or card loads as applicable, but only prove eligibility annually.

Ohio WIC changed the food package options for the WIC Nutrition Program. The cash value benefit for fruits and vegetables increased for children from \$9 to \$25 and for women from \$11 to \$44 (pregnant and postpartum) and \$49 (exclusively breastfeeding) through September 2023. Ohio WIC continues to offer the contracted formula with Mead Johnson. Due to the national formula shortage, Ohio WIC offered formula flexibilities including brand and container size options.

# Fiscal Year 2022 Data (October 1, 2021 to September 30, 2022) Overall Program Participation:

• State WIC Assigned Caseload: 589 participants

• Actual Caseload Range Achieved: 517-619 participants

• Average Monthly Caseload: 567 participants

• Number of Coshocton County WIC Vendors: 3

### **Coshocton County WIC Program COVID-19 Protocols:**

With the extension of the national public health emergency declaration for COVID-19, the federal WIC waivers were extended through the entirety of 2021. The waivers granted the WIC program the flexibility to follow CDC guidelines, and the State of Ohio Governor's directive to minimize face to face contact and to practice social distancing, and thus protect the health and well-being of both WIC participants and the local agency staff that serve them. Additionally, some of the waivers served to alleviate the food shortages related to panic buying and strains on the food supply chain. The waivers greatly impacted daily operations:

- Waiver of Physical Presence and in-person nutrition assessment requirement
- Waiver of Bloodwork/Anthropometric requirements
- Waiver to postpone proof of residency, proof of income, identity, etc.
- Waiver of participant signature requirement for consent of rights and responsibilities
- Waiver on minimum stocking requirements at WIC approved stores
- Waiver for food flexibilities for milk, eggs, and bread (Participants can purchase 2% milk if the milk issued is out of stock. Any size white chicken egg can be purchased if grade A/AA out of stock. Varying sizes of whole grain products can be bought with WIC).

### **Farmers Market Nutrition Program (FMNP):**

Women, infants (over 4 months old), and children that have been certified to receive WIC program benefits are eligible to participate in the WIC FMNP. A variety of fresh, nutritious, unprepared, locally grown fruits, vegetables, and herbs may be purchased with FMNP coupons. For the 2022 farmers' market season Coshocton WIC received 200 FMNP coupon booklets. Barriers that hindered the success of the WIC FMNP in Coshocton were having to reestablish the program with the farmers and due to COVID-19 protocols staff were not able to attend any of the markets. Knowing these barriers, plans are underway for the hopes of a better season for 2023.

# **Breastfeeding Program:**

WIC is committed to promoting, supporting, and protecting breastfeeding. We continue to have Certified Lactation Counselors (CLC) on staff, participate in the Breastfeeding Peer Helper program and provide the services of an International Board-Certified Lactation Consultant (IBCLC) as needed via contract with an independent IBCLC Lisa Sheer. Breastfeeding services include 1-on-1 prenatal education and 1-on-1 breastfeeding class offerings. We also provide comprehensive postpartum support through walk-in breastfeeding consultations, breastfeeding support cell phone, a loaner breast pump program, assistance obtaining insurance provided breast pumps, and even return to work planning.

Coshocton County WIC was approved to receive funding through a program called Coeffective through the Ohio Department of Health. The aim is to promote breastfeeding in our community. The objectives to promote breastfeeding included connecting and strengthening relationships with local OB/Gyns and Pediatricians, create a survey to determine breastfeeding needs, and promote Maternal and Child Health Center's Child Birth Education Class.

Breastfeeding Cafes for moms in our community was offered monthly to have a safe space to share their breastfeeding journeys but was not well attended. This could have been contributed by most were offered virtually. In-person both outside and inside were offered as well.

A Coshocton County Breastfeeding Network (CCBN) was hosted monthly to encourage more breastfeeding support in Coshocton County and surrounding counties. These meeting included many community partners and was hosted by Lisa Sheer and Brittany Taylor.

Coshocton WIC breastfeeding staff participates in the Southeast Ohio Breastfeeding Coalition, the Appalachian Breastfeeding Network, as well as holding a membership with the Ohio Lactation Consultant Association. Connections continue to be made with delivery hospitals in the neighboring counties to improve the breastfeeding outcomes and rates for WIC participants.

### **Staff Outreach Efforts:**

Coshocton WIC staff connect with community partners often to distribute WIC Income Guidelines and promote WIC services. WIC staff serve on advisory boards, committees, and coalitions including: Early Childhood Collaborative Committee, Head Start Health Advisory Board, OSU Extension Family and Consumer Sciences Advisory Team, Breastfeeding Network of Knox County, Ohio Lactation Consultant Association, Southeastern Ohio Breastfeeding Coalition, Appalachian Breastfeeding Network, Coshocton County Breastfeeding Network, and Coshocton Fatherhood Initiative Committee.

### **National Nutrition Month - Nutrition Fair:**

Coshocton County WIC hosted a Drive Thru Nutrition Fair at the Coshocton County Fair Grounds. There were 13 community partners present for this event: CareSource, Coshocton County Fatherhood Initiative, Coshocton County Health Department, Coshocton Farmers Markets, Coshocton Public Library, Coshocton Regional Medical Center, Help Me Grow, Kno-Ho-Co-Ashland, Latching On, MCHC, Ohio Buckles Buckeyes, OhioKAN, and United Health Care.

Many outreach opportunities came through hosting this event: Emily Marrison from OSU Extension, Cindy Hilbish, and Brittany Taylor collaborated to promote National Nutrition Month and the Nutrition Fair on WTNS; Flyers were posted at low income housing apartments and distributed at local retailers; WIC Income guidelines were distributed at Head Start along with the flyer.

52 vehicles drove thru with an estimation of over 104 attendees. Car seat checks were offered by Ohio Buckles Buckeyes and 12 car seats we checked and reinstalled correctly.







Left: WIC staff Brittany Taylor. Center: WIC staff Jackie Buchanan. Right: WIC staff Susan Worthington.

# Coshocton Regional Medical Center's Fun Day:

To promote WIC services, Coshocton County WIC attended the Coshocton Regional Medical Center's Fun Day. At this event, 85 WIC promotional packets were given out.



Above: WIC staff (left to right) Brittany Taylor and Cindy Hilbish.

# **National Breastfeeding Month – 2022 Baby Expo:**

In collaboration with Maternal and Child Health Center, Help Me Grow, Head Start, and Family and Children First Council hosted the 4th Annual Baby Expo. This event was held at the Coshocton County Fairgrounds as a walk thru event. In attendance there were 33 families and 20 community partners joined us to present information on their services to promote health, safety, and infant wellness information. Ohio Buckles Buckeyes provided 10 car seat checks. Additionally, over \$1,000 in door prizes from local businesses and community partners were donated and given away. Feedback from this event was well received by community partners and families in attendance.









Top Left: WIC staff (left to right) Tonya Webster and Amanda Taylor.

Bottom Left: Ohio Buckles Buckeyes Denise Thompson.

Bottom Right: WIC staff (left to right) Jackie Buchanan, Adana McKay, Susan Worthington

### **Coeffective Grant:**

Coeffective is a contracted group with Ohio WIC who work with local WIC agencies to help with collaboration with community partners who serve the same population. Coshocton County WIC was 1 out of 5 WIC programs chosen in Ohio to receive a \$5,000 grant from Coeffective. These funds were intended to be used for breastfeeding education, awareness, and providing incentives to help in gathering breastfeeding data.

The projects that were completed through the Coeffective grant:

A survey was created to assess breastfeeding experiences and needs throughout our community and to improve services. The survey closed on August 31<sup>st</sup>. 46 Coshocton residents completed the survey. Two \$100 Visa gift cards were given as an incentive for completing the survey.

In collaboration with MCHC's Childbirth Education Class, Lisa Sheer, IBCLC conducted two Infant Feeding Classes. The funds were available to cover the cost for non-Medicaid families to attend class. For those that completed all 5 classes a New Baby Gift Package was given. Diaper bags were purchased, and donations were provided by community partners to fill the bags.

To promote breastfeeding services in our community, seven Lunch and Learns were hosted with local prenatal and pediatric medical providers (Genesis OB/GYN, PrimeCare Pediatrics, Muskingum Pediatrics, Family Care of Coshocton, Zanesville Pediatrics, Muskingum Valley Health Center-Zanesville, Dr. Downing and Ashley Robinson). Through this opportunity, the medical providers shared that they believe prenatal education is what is most important and lacking in their practices to support prolonged breastfeeding. During these Lunch and Learns, information was provided to promote WIC and Coshocton community partner's prenatal services and breastfeeding education opportunities.

Breastfeeding supplies were purchased that State WIC does not provided to better serve WIC breastfeeding moms.







Top Left: patient, Lisa Sheer, IBCLC.

Bottom Left: WIC Staff Brittany Taylor, patient, MCHC Staff Alishia Virostko, Lisa Sheer, IBCLC.

# Ohio Buckles Buckeyes (OBB) 2022 Report

# Cindy Hilbish, Health Educator/OBB Site Coordinator

Coshocton County General Health District (CCGHD) has been an OBB program site since August 14, 2020. The Ohio Department of Health's OBB program provides child safety seats and boosters to eligible families. The goal is to increase availability of seats and increase correct installation, proper use of child safety seats.

Families must meet these requirements to receive a car seat from CCGHD's OBB program:

- Reside in Coshocton County
- Custody of a child birth to 8 years-old and/or expecting a child (within 30 days of due date)
- Income eligible within WIC Program guidelines, but does NOT have to be WIC enrolled
- Attend one of OBB's virtual car seat classes or complete online module via carseateducation.org

Fiscal Year 2022 Data (October 1, 2021 to September 30, 2022)

Quarter	Car Seats Checked	Number of Classes	Seats Distributed					
			Convertibles	Boosters				
1 <sup>st</sup> October - December	0	9	5	6				
2 <sup>nd</sup> January - March	12	6	9	3				
3 <sup>rd</sup> April - June	0	7	9	6				
4 <sup>th</sup> July - September	22	9	27	11				
FY 2022 Totals	34	31	50	26				







The Coshocton OBB program offered car seat inspection stations at three different events in FY22: the WIC Nutrition Fair, Coshocton Regional Medical Center's Community Fun Day (pictured *above left, center*), and the Coshocton Baby Expo (pictured *above right*). Of the car seats checked, there was a 91% misuse rate, demonstrating the importance of continuation of the OBB program for Coshocton.



# **Health Education 2022 Report**

Cindy Hilbish, Health Educator

The year of 2022 was the first time in a while that Coshocton County General Health District (CCGHD) had a designated health educator thanks to the funding of the Public Health Workforce grant (provided through ODH by the CDC). In a time where addressing COVID-19 vaccine hesitancy was important, 2022 was also a time of resuming discussion and education on all the various important health topics that took a back burner during the pandemic. This is a year in review showing the impact of the Health Educator initiative.

# **Public Engagements:**



Ridgewood Elementary and Middle schools' after school programs (twice each)

Topics: Self Care (physical/mental/emotional) & Self/Social Awareness (using kindness, understanding feelings and how to communicate with peers in a positive way)



Safety Town

Topics: Riding Safely in the Car & Nutrition

Graduates from Safety Town were then offered bike helmets/reflectors



Coshocton County Board of Developmental Disabilities virtual Provider Meeting

Topic: Prescribed Diets for those with Dysphagia and Swallowing Disorders



OSU Extension's Dining with Diabetes Class

(Partnership between OSU Extension, Coshocton County Health Dept., and Coshocton Regional Medical Center)

Topic: Taught 2 of a 4-program series about various aspects of diabetes management



Riverview Volleyball Team

(Collaboration with Emily Marrison, OSU Extension)

Topic: Taught 21 members of the River View High School Volleyball teams about sports nutrition. This included things to consider when planning what to eat before, during, and after practice. The girls enjoyed healthy snacks including a tofu smoothie – courtesy of Emily Marrison.



Black Bear Fest River View High School

Topics: COVID-19 vaccine hesitancy, review of health department programs (MCHC Prenatal/child vaccines, WIC, CMH, Ticks/Lyme disease, vital statistics)



Coshocton Elementary School's After School Program (GEARS)

(Growing Educated and Responsible Students)

Topic: Self/Social Awareness (using kindness, understanding feelings and how to communicate with peers in a positive way)



# Coshocton County Fair

(The fair booth was manned Noon – 7 weekend days and Noon to 5 weekdays by agency staff)

Topics: Prenatal care, child health/vaccinations, Lyme disease/ticks, Breast and Cervical Cancer Program, COVID-19 vaccine hesitancy, OBB Car seat program, WIC, bicycle helmet safety (free helmets/fittings), ATV helmet giveaway.

### **Health Education Accepted and Needed:**

The 2022 community engagements are not limited to those aforementioned. The Health Educator role was warmly welcomed in the community. Some engagements got postponed/canceled due the health educator experiencing an injury in October. The need for continued Health Education is evident by the sheer volume of requests we have and continue to receive from our community partners/organizations.

In addition to public engagements, Health Education was also provided by means of our Coshocton County Health Department Facebook page, the WTNS talk show, Public Health Matters radio segments aired on WTNS on Thursdays, and our website which received several updates to its various programs' webpages to share with the public all the many programs and services available to them through their local health department.

# **2022 Vital Statistics**

Jessica Burt, Vital Statistic Registrar

# Birth & Death Certificates Issued

	BIRTH	DEATH	CHARCE	FEE TO	DISTRICT
	CERTIFICATES	CERTIFICATES	CHARGE	STATE	HEALTH
January-March	158	126	\$7,140.00	\$3,807.60	\$3,332.40
April-June	170	109	\$9,504.07	\$3,820.96	\$5,683.11
July-September	185	142	\$8,181.00	\$3,754.16	\$4,426.84
October-December	162	102	\$6,869.00	\$4,395.44	\$2,473.56
TOTAL	675	479	\$31,694.07	\$15,778.16	\$15,915.91