

# Coshocton County General Health District

Promoting Health. Preventing Disease.  
Protecting You.



## Annual Report

for

# 2021



## About Us

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### Mission Statement

To prevent disease, promote healthy behaviors and protect the well-being and safety of the community.

### Vision

Working to ensure healthy living and learning in a safe environment

<b><u>Board of Health Members</u></b>	<b>Term Expires</b>
Scott Limburg, Licensing Council Representative, Board President	2022
Dr. Jeff Poland	2026
Don Wells	2025
Robert Gwinn, OD	2024
Linda Weber	2023

### Board Meetings

The Board meets the third Thursday of each month at 5:30 P.M. Meetings are held in the Coshocton County Services Building. Meetings are open to the public.



*The Coshocton County Health Department is located in the Coshocton County Services Building at 724 S. Seventh Street in Coshocton.*

# **Administration**

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## **Health Commissioner**

**Steve Lonsinger**..... 740-295-7304

## **Program Directors**

**Tammy Smith**, Nursing Director & MCHC Director.....740-295-7307

**Zach Fanning**, Environmental Health Director.....740-295-7305

**Brittany Taylor**, Women, Infant & Children (WIC) Director.....740-295-7333

**Jessica Burt**, Fiscal Administrator, Accreditation Coordinator & Registrar of Vital Statistics....740-295-7331

**Coshocton County General Health District  
Statement of Cash Position  
Year Ended December 31, 2021**

	<b>Beginning Balance</b>	<b>Revenue</b>	<b>Expenditures</b>	<b>Ending Balance</b>
<b>General Fund</b>				
District Health	226,605.32	295,097.52	218,229.09	303,473.75
District Health Reserve Fund	6,000.00	2,000.00	5,996.61	2,003.39
<b>Total General Fund</b>	<b>232,605.32</b>	<b>297,097.52</b>	<b>224,225.7</b>	<b>305,477.14</b>
<b>Coronavirus Relief Funds</b>				
Coronavirus Response Supplement	394,123.46	142,325.59	373,629.98	162,819.07
Vaccine Needs Assessment	40,000.00	.00	20,000.00	20,000.00
Enhanced Operations	.00	9,233.94	10,565.49	.00
Contact Tracing	3,272.98	65,156.83	47,382.47	21,047.34
Vaccine Equity Supplement	.00	64,778.00	19,442.14	45,335.86
<b>Total Coronavirus</b>	<b>437,396.44</b>	<b>281,494.36</b>	<b>469,688.53</b>	<b>249,202.27</b>
<b>Environmental</b>				
Swimming Pools	1,205.37	3,485.00	2,744.23	1,811.14
Private Water Systems	26,048.68	37,247.00	23,161.91	35,831.77
Construction and Demolition Debris	2,659.75	25.50	15.90	2,185.25
Food	6,994.54	36,626.25	28,250.23	15,370.56
Campgrounds	3,101.90	5,264.00	3,160.79	5,205.11
Solid Waste	59,085.16	79,386.78	79,661.53	58,753.17
Household Sewage Treatment Systems	49,832.24	121,182.35	94,551.95	74,407.64
Environmental Reserve	24,073.42	6,000.00	10,659.61	19,413.81
<b>Total Environmental</b>	<b>173,001.06</b>	<b>289,216.88</b>	<b>242,206.15</b>	<b>212,978.45</b>
<b>Emergency Preparedness</b>				
<b>Public Health Infrastructure Grant</b>	<b>40,514.87</b>	<b>56,356.18</b>	<b>36,499.57</b>	<b>58,126.48</b>
<b>Personal and Family Health Services</b>				
Maternal and Child Health	50,447.16	88,077.24	57,211.71	79,359.19
WIC Grant	29,164.43	187,803.06	191,225.13	25,742.36
Reserve Fund (WIC)	1,578.00	.00	.00	1,578.00
<b>Total Personal and Family Health Services</b>	<b>81,189.59</b>	<b>275,880.3</b>	<b>248,436.84</b>	<b>106,679.55</b>
<b>Grand Total</b>	<b>425,094.42</b>	<b>1,533,122.24</b>	<b>993,509.38</b>	<b>964,707.28</b>

# 2021 Vital Statistics

Jessica Burt, Vital Statistics Registrar

## Birth & Death Certificates Issued

QUARTERS	BIRTH CERTIFICATES	DEATH CERTIFICATES	CHARGE	FEE TO STATE	DISTRICT HEALTH
January - March	155	144	\$ 7,475.00	\$ 3,994.64	\$ 3,480.36
April - June	141	132	\$ 6,825.00	\$ 3,647.28	\$ 3,177.72
July - September	132	147	\$ 6,975.00	\$ 3,727.44	\$ 3,247.56
October - December	145	140	\$ 7,125.00	\$ 3,807.60	\$ 3,317.40
<i><u>TOTAL</u></i>	573	563	\$ 28,400.00	\$ 15,176.96	\$ 13,223.04

# Coshocton County, 2021 Vital Statistics

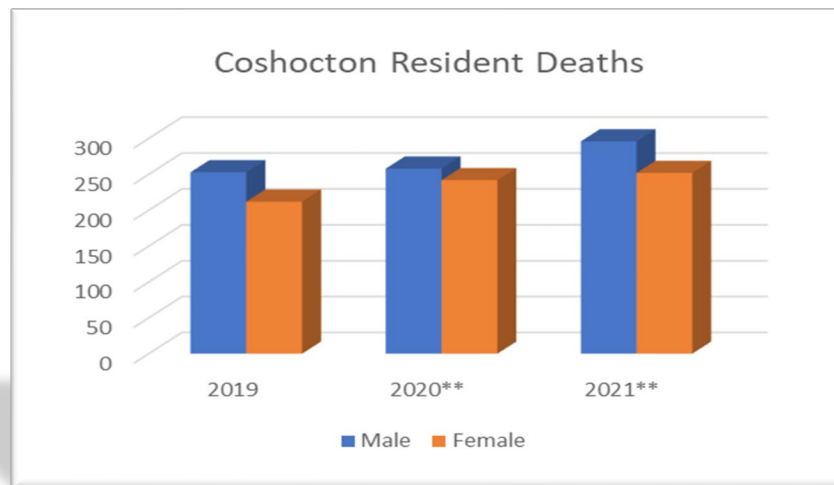
Jessica Burt, Vital Statistics Registrar

## \*\*Coshocton Resident Births\*\*

Year	Male	Female	Total
2021	198	225	423

## \*\*Coshocton Resident Deaths\*\*

Year	Male	Female	Total
2021	296	252	548



## 2021 Death Age Group

Age	Deaths
<1	1
1-4	1
5-14	0
15-24	6
25-34	15
35-44	19
45-54	35
55-64	74
65-74	116
75-84	140
85+	141

# 2021 Annual Environmental Health Report

## Environmental Health Licenses and Activities During 2021

### Food Safety

Food Service Operations-	43
Retail Food Establishment-	24
Vending-	10
Mobiles-	15
Temporary Food-	17

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**Total: 109**

### Private Water

New Permits-	71
Alteration permits-	1

### Sewage Treatment Systems

Installation Permits-	71
Lot Split Reviews-	360
Operation permits	67

### Camps/Campgrounds

Resident camps-	2
Campgrounds-	16
Temporary camps-	0

### Pools

Swimming Pools-	10
Bathing Beaches-	2

### Manufactured Home Parks 6 (Coshocton)

Licensed by the Ohio Department of Commerce

### Smoking Complaints

Complaints were investigated and dismissed. (1)

### Solid Waste licenses

C&DD-	1
Municipal-	1
Residual-	1

### Rabies/Bite Reports

Animal Bites-	63
Post exposure treatment-	0

### Solid Waste Haulers

Registered Haulers-	7
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### Water Haulers

Registered Water Haulers-	1
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## Open Dumping/Open Burning



Open dumping of tires continues to be an issue throughout Coshocton County. In 2021, the Environmental program recorded 15 different locations of tire dumps throughout wildlife areas, public and private grounds. All the tires were picked up by the recycling program and stored in a covered building until picked up by Ohio EPA scrap tire removal program.

ORC Section 3734.03 - No person shall dispose of solid wastes by open burning or open dumping except as authorized by the director of environmental protection in rules adopted in accordance with Section 3734.02



## Open Burning Violation



### **This is not clean hardfill! It's illegal disposal of C&DD**

(A) Clean hard fill consisting of reinforced or nonreinforced concrete, asphalt concrete, brick, block, tile, or stone shall be managed in one or more of the following ways: (1) Recycled into a usable construction material. (2) Disposed in licensed construction and demolition debris or other waste facilities. (3) Used in legitimate fill operations for construction purposes or to bring the site up to a consistent grade, on the site of generation. (4) Used in legitimate fill operations for construction purposes or to bring the site up to a consistent grade, on a site other than the site of generation, pursuant to paragraph (C) of this rule.

Any person using clean hard fill to change grade on a site other than the site of generation, must provide a written Notice of Intent to Fill to the licensing authority (Health Department) where the clean hard fill is to be placed.

## Home Sewage Treatment repair/replacement Program Funding 2021



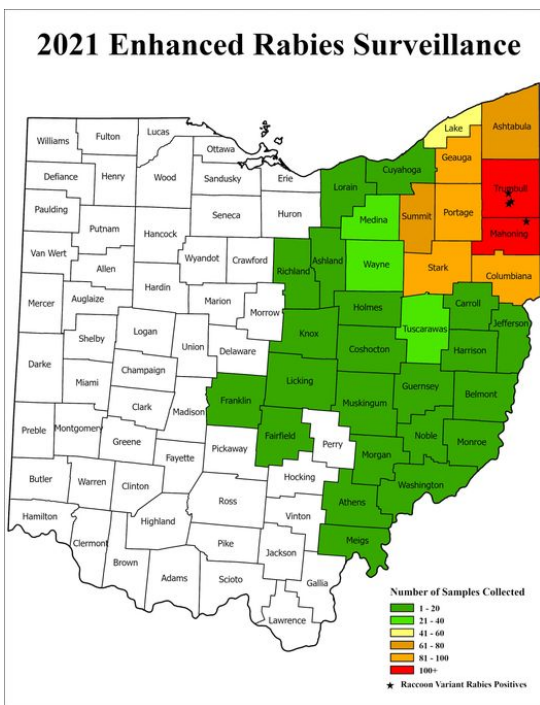
5 projects were eligible and competed in 2021 for the repair and replacement of failing home sewage treatment systems. We used the remaining funds from the 2020 grant year. Three of the households only had to come up with 25% of the total cost of permits, install, design/plans etc. Two installation projects were 100% funded.

## Light Bulb Recycling Program ended January 31<sup>st</sup>



With decreased revenue and forced budget cuts, the popular program that collects old tube lightbulbs in each County ended earlier this year. Residents were able to bring in their fluorescent light tubes in to be recycled at the Health Department until the end of 2021. This program was a successful program provided by the four County CFLP solid waste district.

## 2021 USDA Wildlife Services Rabies Surveillance program



2021 Rabies Surveillance throughout the state of Ohio. There were no reports of rabies in Coshocton County through the state surveillance program. 4 positive cases were identified elsewhere. 3 in Trumbull County and 1 in Mahoning County. If a rabid animal is suspected/sick or dies residents can call the Health Department. Arrangements for pickup/drop off available.


USDA, APHIS, Wildlife Services in conjunction with the Ohio Department of Health and the Coshocton County Health Department is interested in collecting animals for rabies surveillance.

**Species of concern: Raccoon, Skunk, Fox and Coyote**

**What we are looking for:** Animals that are found dead/suspected rabies and road kill. Arrangements for pickup/drop off available

# Director of Nursing Report – District Health

Tammy Smith, R.N., Director of Nursing

<b>Public Health 2021 Report of Services Provided</b>			
	<b>Immunizations given:</b>	Influenza	114
		Hepatitis B Vaccine	1
		<b>COVID-19 Vaccine Total Administered</b>	<b>12,178</b>
		Hopewell Combined COVID Clinic	10,535
		County Health Department Clinics <i>(Homebound, Community Outreach, Office)</i>	1643
	<b>Tuberculin Skin Tests:</b>	Mantoux - Visits	69
	<b>Nurse Checks:</b>	Blood Pressure, Head Lice, Health Questions/Assessments for District Health, Maternal and Child, and WIC	

**Project Dawn:** Coordinates program to educate, train, and dispense Naloxone (Narcan) to First Responders in Coshocton County.

**Clinics:** Coordinates, schedules, fills in for staff, provides case management, and clinical services. Assists physicians and families with follow-up: Breast & Cervical Cancer Program, Adult Immunization Clinics, School-based Clinics, Prenatal Clinic, and Child Health Clinic.

**TB Registrar:** Responsible for testing, investigation, providing education, medication, reporting and counseling. Registrar for Coshocton County.

**Communicable Disease:** Monitors, investigates, and reports to the Ohio Department of Health, (ODRS) Ohio Disease Reporting System. Provides counseling and follow-up to clients and contacts. Conducts head checks for head lice, gives presentations and assists schools and agencies with outbreaks. Gives Bed Bug education.

**Lead Case Manager:** Enters cases in the Healthy Homes Lead Poisoning Surveillance System (HHLPSS) thru ODH & CDC. Gives education, makes home visits, and provides service coordination to families with children who have elevated blood lead levels.

**Medicaid Assistance Claims (MAC) Billing:** Time studies are done quarterly and the data is submitted to the Ohio Department of Health. This program generates additional funding for the Health Department. **District Health MAC Income:** \$45,055.55

**Emergency Preparedness Training & Activities:** Serves on the S.E. Ohio Regional Epi Group. Participates in local and regional drills, meetings, activities, and trainings. Assists with the (PHEP) Public Health Emergency Preparedness Grant.

**Medical Reserve Corps:** Coordinates the Coshocton County MRC Unit. Serves as the Point of Contact for the Ohio Department of Health and the Ohio Emergency Management Agency. Performs activities, recruiting, training, and exercises.

**Youth Health Day** – Coordinates and organizes this annual event for all three school districts in the county. Seventh graders attend the day, filled with educational speakers and activities related to health and safety. 2021 event cancelled due to COVID-19.

**Health Education:** Presentations and education given throughout the year at schools, agencies, health fairs, churches, civic organizations, and events such as: The WIC Expo, , Coshocton Health, Safety, & Wellness Expo, West Lafayette Rotary Health Fair, Senior Center, Hopewell Industries, EMS, and the Coshocton County Fair. Many events cancelled for 2021 due to COVID restrictions.

**Trainings** – CPR, Bloodborne Pathogens & Naloxone training for staff.

**Child Fatality Review:** Serves as Coordinator of this mandated program. Responsible for gathering and storing data, coordinating reviews of child deaths, filing and submitting reports to the Ohio Department of Health and the National Database.

**The Ohio Sobriety Treatment and Reducing Trauma (START):** Serves as a Steering Committee Member. START is a Children Services led initiative that has been shown to improve outcomes for both parents and children affected by child maltreatment and parental substance use disorders. The overall goal of this program is to stabilize families harmed by parental drug use so that both children and their parents can recover and move forward with abuse-free and addiction-free lives.

**Head Start Advisory Board** – Chair

**Family & Children First Council:** Trustee (Health Department is a mandated member)

**Home Visits:** Home visits are conducted for communicable disease investigation, to assist Adult Protective Services, Children’s Services, Schools, and the Lead Program.

**Coshocton County Employee Health Fair 2021:** Nursing staff administers Influenza and COVID Vaccines (11/2 & 11/3)

**WIC Baby Expo 2021:** Offered COVID-19 vaccines and education



**National Drug Take Back Day – Saturday, April 24<sup>th</sup> - 10am to 2pm**

- The County Health Department partnered with the Coshocton County Sheriff's office to hold a drive-thru event at the County Services Building
  - 101# of prescriptions drugs were collected
  - Coshocton County Farm Bureau delivered 100 Drug Deactivation Bags to the Health Department, these were handed out to during the event
  - Director of Nursing and Health Commissioner assisted the Sheriff with the event



## Coshocton County Fair Booth 2021



## COVID-19 RESPONSE:

- **Unified Command:** Collaboration of planning and response with community partners; EMA, City Health Department, CCEMS, Sheriff's office, CRMC, City Fire
- **Case Investigation:** A core disease control measure employed by local health department nurses, is a key strategy for preventing further spread of COVID-19 infection
- **Contact Tracing:** Notify and provide support to people (contacts) who may have been infected through exposure to the patient. This process prevents further transmission of disease by separating people who have (or may have) an infectious disease from people who do not
- **Guidance and Management of Congregate Living Facility Outbreaks in the County**
- **Coordinate COVID-19 Testing for Congregate Living Facilities:** Work with ODH and Facility to gain approval for specimens to be sent to ODH Laboratory. Coordinate testing using CRMC to perform on-site testing
- **Ohio Department of Health COVID-19 Calls**
- **Ohio Department of Health COVID Vaccine Planning Calls**
- **Information Sharing with Community Partners:** Hospital, EMS, Schools, Daycares, Churches, Businesses, etc.

**COVID-19 Vaccination Efforts**

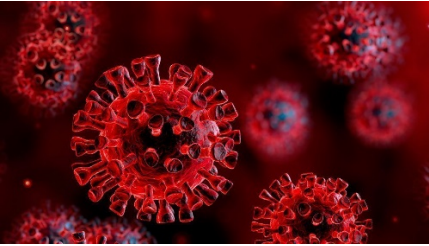
- **Preparation:** CCHD began preparing for Mass COVID Immunization clinics early. CCHD held a drive-thru Influenza vaccine clinic on October 1, 2020 to evaluate location and effectiveness of utilizing a drive-thru clinic when COVID-19 vaccine becomes available. Reviewed layout of indoor sites located in the Health Departments Emergency Point of Dispensing Plans.
- **COVID-19 Vaccination Coordination of Phase 1A eligible individuals:** Contacted community healthcare worker and first responder agencies in the county; Coshocton County EMS, MedFlight, Kidney Care Center, Lafayette Pointe, Gentle Brook, and Echoing Hills to gather staff/resident numbers to plan for quick execution of administration of vaccine
  - Vaccination clinics were conducted on-site at the agencies listed, except for Lafayette Pointe, who was vaccinated by the Federal Pharmacy Partnership Program
  - Multiple discussions with community vaccination partners regarding planning Phase 2B, 2C, & 2D vaccination and combining vaccine allotments to hold centralized and off-site clinics
- **Combined COVID Vaccine Clinic (Hopewell):** Held at the former Hopewell Industries Building. With timing of COVID Vaccine release being winter, this location was perfect for an indoor vaccination clinic allowing for safety, social distancing guidelines, and flow to run the clinic safely and efficiently.
  - The County Health Department took the lead on coordinating the vaccine clinic operations.
    - Designing Clinic layout and flow
    - Coordinating COVID Vaccine availability from County Health Department, City Health Department and Coshocton Regional Medical Center
    - Coordinating number of available appointments based on vaccine availability for scheduling
    - Coordinating staffing roles needed to operate clinic
    - Coordinating and scheduling of Medical staff needed for each clinic
    - Updating Vaccine Consent forms, Vaccine information sheets and Clinic Paperwork
    - Training of Data entry staff into the Ohio Immunization Information System
    - Set up access for Vaccine Data Entry Staff into ImpactSIIS
    - Responsible for accepting vaccine transfers (from City HD and CRMC) and inputting into ImpactSIIS – ALL VACCINE FOR THE COMBINED CLINIC WAS THE SOLE RESPONSIBILITY OF COSHOCTON COUNTY HEALTH DEPARTMENT
    - Storage of immunization records
  - Many agencies and volunteers made the Community Clinic a great success: Including the Coshocton County Commissioners Office, Coshocton County EMS, Coshocton Regional Medical Center and Coshocton County EMA.
  - Hopewell granted the use of the building
  - Churches, organizations, and local restaurants donated meals to feed clinic staff

<b>Total COVID-19 Vaccines Administered at the Combined Clinic (Hopewell Industries) January 13<sup>th</sup> – June 5<sup>th</sup> 2021</b>	<b>10,535</b>
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- **Community Outreach COVID Vaccine Clinics:** The County Health Department held several vaccine clinics at community events.
  - West Lafayette Homecoming
  - Baby Expo
  - River View Park Social
  - West Lafayette Rotary Health Fair
- **Healthcare Facility On-site Clinics:** The County Health Department nurses went on site several times to administer COVID Vaccine to staff and residents
  - \*Echoing Hills \*GentleBrook \*Kidney Care Center
- **Homebound Individuals:** County Health nurses provided in home COVID-19 vaccinations to those that were unable to travel to the vaccination clinics.



<b>Public Health Nurse 2021 Report of COVID-19 Services Provided</b>		
	Total Number of COVID-19 Cases	<b>2,939</b>
	Long-term Care Facility Outbreak Management	<b>7</b>
	COVID-19 Vaccine Clinics	<b>135</b>
<b>Total Nursing Staff COVID Hours Worked</b>	<b>7,014.25</b>	

- **Contact Tracing:** Continue contract with ODH to provide contact tracers to aid in daily monitoring of contacts, making initial calls and entering case information into the Ohio Contact Tracing System (OCTS)
  - ODH has contracted with PCG Company
    - Current staff at ODH will remain the same as Contact Tracing transitions to the PCG Company
- **Additional Staff:** Health Department hired additional staff to assist with the surge of COVID-19 cases in Coshocot County
  - **Case Investigators – 3**
  - **Volunteer - 1**
- **Nursing Staff:** Case Investigations and Contact Tracing has continued 7days a week and Holidays (as needed), based on caseload, as this is the key strategy to prevent and limit further spread of transmission
- **Public Education:** WTNS Talk Show, Bulletin Board, Social Media, and Billboards
- **Serve as a resource for COVID-19 Guidance:** for CRMC Hospital, Physician Offices, Rapid Care, Community Agencies, Schools, Long Term Care Facilities and Businesses



Coshocton County 2021  
Reported Infectious Diseases by Township

	Adams	Bedford	Bethlehem	Clark	Crawford	Franklin	Jackson	Jefferson	Keene	Lafayette	Linton	Mill Creek	Monroe	Newcastle	Oxford	Perry	Pike	Tiverton	Tuscarawas	Virginia	Washington	White Eyes	Unknown	Total
Campylobacteriosis	0	0	0	0	0	0	1	0	0	1	0	0	0	1	1	1	0	1	2	0	0	1	0	9
Chlamydia infection	1	0	1	0	0	3	4	2	1	17	0	0	0	0	1	3	0	0	54	4	0	3	0	94
CP-CRE	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1
Cryptosporidiosis	0	0	0	0	0	0	1	0	0	0	0	1	0	0	0	0	0	0	0	1	0	0	0	3
E. coli	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1
Gonococcal infection	0	0	0	0	0	0	1	2	0	1	0	0	0	0	0	0	0	0	11	1	0	0	2	18
<i>Haemophilus influenzae</i>	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	1
Hepatitis A	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	0	0	1	3
Hepatitis B	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	3	0	0	0	1	5
Hepatitis C	0	0	0	1	0	0	1	1	1	3	0	0	1	0	1	0	0	0	16	0	1	0	3	29
Influenza-Assoc. Hospitalization	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	2
Legionellosis	0	0	0	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0	1	0	0	0	0	3
Lyme Disease	1	4	1	4	2	4	5	3	0	3	2	1	0	2	2	1	2	1	21	4	2	2	1	68
Salmonellosis	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	3	0	0	0	0	4
<i>Streptococcus pneumoniae</i>	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	1	0	0	0	4
Varicella	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1
Viral Meningitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	1
Yersiniosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
SARS-CoV-2 Assoc. MIS-C	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	1
SARS-CoV-2	67	48	115	47	38	154	240	275	161	696	71	38	47	44	157	66	57	21	1791	103	77	127	29	4469
<b>Total</b>	<b>69</b>	<b>52</b>	<b>117</b>	<b>53</b>	<b>41</b>	<b>161</b>	<b>253</b>	<b>284</b>	<b>163</b>	<b>722</b>	<b>73</b>	<b>41</b>	<b>48</b>	<b>47</b>	<b>164</b>	<b>71</b>	<b>59</b>	<b>23</b>	<b>1909</b>	<b>116</b>	<b>81</b>	<b>134</b>	<b>37</b>	<b>4718</b>

Note: Includes confirmed, probable, and suspected cases

# MATERNAL & CHILD HEALTH CENTER (MCHC) 2021



The Maternal & Child Health Center exists to provide health care, education, screenings and referrals for under/uninsured children and pregnant women in Coshocton County. Families using MCHC services are charged a fee based on a sliding scale, which considers family size and income. The Center also accepts all forms of Medicaid. At MCHC, we are committed to serving **all families regardless of ability to pay**. The current state of our economy has left many families uninsured, or “underinsured”, meaning while they may have insurance, the services we provide may not be covered by their insurance or, if they are, the family is unable to pay the deductible required. Thus, many patients receive services free of charge. The Maternal & Child Health Center is a division of the Coshocton County Health Department and a United Way Partner Agency.

## **Child Health Clinic Services:**

- Immunizations
- Vision & Hearing Screenings
- Developmental Screenings
- Referrals as Needed
- CPS child placement exams
- Lead Poison Testing & Iron Screening
- Assistance with Accessing Medicaid

## **Prenatal Clinic Services:**

- Comprehensive Prenatal Care
- Pregnancy Testing
- Assistance with Accessing Medicaid
- Prenatal/Nutritional Counseling Assistance with social service needs
- Postpartum Check-up
- Referrals as Needed
- Childbirth Education Classes

Our dedicated staff of part-time employees includes: Office/Billing Clerk, Two registered nurses; one each for our prenatal and child health clients, along with the expertise of an OB practitioner and a medical director for each of the two clinics. The Center is open Tuesday through Thursday from 8 am to 4 pm.



## **Community-based Outreach:**

MCHC works to promote health and prevention throughout the community. This includes: periodic PSAs or written articles using local media, Facebook page and participation in many health fair/public event settings such as the annual County Fair, WIC Nutrition Fair, and Baby Expo.

### ***\*Immunization/Lead Screening Event – July 22<sup>nd</sup> – Coshocton Elementary School***

Event held for Coshocton County children ages 0-6 years old to receive childhood immunizations, lead screenings, and health education. The Maternal and Child Health Center offered child immunization and lead screenings. The event was sponsored by Medicaid Managed Care Organizations and several community partners participated.



MCHC provides safe sleep education to our prenatal clients and as part of the awareness efforts, we are providing literature. We are also providing a blanket, donated by the Canal Quilters, for Tummy Time. Tummy time is a phrase used for the time that an infant is placed on their tummy for playtime, while awake. All babies should be placed on their back to sleep.



## **Childbirth Education Classes**

These classes are open to all Coshocton County residents, regardless of where they are receiving prenatal care or plan to deliver. Attendees will learn the phases of labor, pain management, relaxation techniques, breathing techniques, cesarean surgery, and early newborn and postpartum care.

Classes consist of a 4 week series, held weekly on Tuesday evenings from 6-8pm at the County Services Building. New classes will be offered every other month (March, May, etc...). The cost of the class is \$55 and is billable to Medicaid. Those with private insurance or no insurance will pay using a sliding fee scale, based on household income and size. No one is turned away for inability to pay.



## MCHC Accomplishments

- MCHC staff served on advisory boards/working committees including: Early Childhood Committee, Child Fatality Review Board, Head Start Health Advisory Board, and the Ohio START Steering Committee.

<b>MCHC 2021 Report of Patients/Services Provided</b>		
<b>Child Health Clinic</b>	Number of Children Served	496
	Visits to the Clinic	509
	Immunizations Administered	823
	COVID-19 Vaccine Administered	262
	Lead Screenings	34
<b>Prenatal Clinic</b>	Visits to Clinic	197
	Pregnancy tests	18
	Women served	34

*The Global Pandemic has had a negative effect on routine Childhood Immunization rates Nationwide. The Pandemic has impacted immunization rates locally. MCHC has remained open while taking all necessary precautions to safely offer services to the women and children in our community.*

*(Child Health Clinic Staff)*



*(Prenatal Clinic Staff)*



## COVID-19

Maternal and Child Health staff have assisted with the Coronavirus Public Health responsibilities (case investigations, contact tracing, data collection, records, vaccination clinics and community outreach clinics). These duties were performed in addition to the daily Maternal and Child Health Clinic duties which were always held at a priority level. The staff has worked above and beyond to ensure the wellness and safety of Coshocton County residents.

Child Health and Prenatal Clinics have remained open and continued to serve community members throughout the entire Pandemic, while maintaining precautions to ensure staff and patient safety.

All hours worked combatting COVID-19 by Maternal and Child Health Staff were paid out of COVID grant funding.

### Pediatric COVID-19 Vaccinations

The Child Health Clinic offers vaccination to ages 5 years old and up. Our clinic is 1 of only 2 providers in Coshocton that offer COVID vaccine to those younger than 12 years old.

<b>Pediatric COVID Vaccines Administered 2021</b>	<b>262</b>
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**Medicaid Assistance Claims (MAC) Billing:** Time studies are done quarterly and the data is submitted to the Ohio Department of Health. This program generates additional funding for the Health Department.  
**Maternal and Child Health Center MAC Income:** \$9,639.70



## **Women, Infants and Children (WIC) 2021 Report**

### **Brittany Taylor, Program Director**

Coshocton County Women, Infants, and Children program (WIC) provides Nutrition Education, Healthy Foods, Breastfeeding Support and Healthcare Referrals for income eligible pregnant women, breastfeeding mothers, non-breastfeeding mothers up to 6 months postpartum, bereaved mothers up to 6 months postpartum, and infants and children up to age 5. Eligibility continued at 185 percent of Federal Poverty Income Guidelines. A person currently receiving Medicaid, Food Assistance, or Ohio Works First is automatically eligible.

Coshocton County WIC offers curbside card loads and over the phone appointment Monday-Friday, hours 8 am – 3:30 pm. WIC staff is made up of 3 part-time (PT) Support Staff one whom is a CLC; 1 PT and 1 full-time Health Professionals (a Diet Tech and a RNL-OB/CLC,); a PT Breastfeeding Peer Helper/CLC, 1 contracted RDN/CLC, and 1 contracted IBCLC. In contract with the IBCLC since October 2021 for the Breastfeeding Coordinator position. Also, a new program director was hired, as well as a contracted RDN for the Nutrition Coordinator position as of December 2021.



***Coshocton County WIC Staff:*** (left to right) Tonya Webster, Adana McKay, Brittany Taylor, Amanda Taylor, Lisa Sheer, Susan Worthington. (Not pictured: Jackie Buchanan and Cindy Hilbish.)

Ohio WIC adopted a 1-year certification cycle allowed by federal guidelines; previously all participants were certified for 6 month periods. Participants still present every 3 months for nutrition education, follow-up, health assessments, or card loads as applicable, but only prove eligibility annually.

Ohio WIC changed the food package options for the WIC Nutrition Program. These changes included the formula in contract changed from Gerber to Mead Johnson, also cheese and yogurt were made available as milk substitutes. The cash value benefit for fruits and vegetables increased for children from \$9 to \$24 and for women from \$11 to \$43 (pregnant and postpartum) and \$47 (exclusively breastfeeding) during October through December.

**Fiscal Year 2021 Data (October 1, 2020 to September 30, 2021)**

**Overall Program Participation:**

- State WIC Assigned Caseload: 622 participants
- Actual Caseload Range Achieved: 488-582 participants
- Average Monthly Caseload: **525 participants**
- Number of Coshocton County WIC Vendors: 3
  - Economic Impact:
    - Amounts paid to Coshocton County WIC vendors for redeemed food benefits:
 

▪ Wal-Mart	\$ 215,084.56
▪ Buehler’s Fresh Foods	\$ 103,061.15
▪ <u>Warsaw Shop Wise</u>	<u>\$ 3,522.65</u>
<b>Total</b>	<b>\$ 321,668.36</b>

**Coshocton County WIC Program COVID-19 Protocols:**

With the extension of the national public health emergency declaration for COVID-19, the federal WIC waivers were extended through the entirety of 2021. The waivers granted the WIC program the flexibility to follow CDC guidelines, and the State of Ohio Governor's directive to minimize face to face contact and to practice social distancing, and thus protect the health and well-being of both WIC participants and the local agency staff that serve them. Additionally, some of the waivers served to alleviate the food shortages related to panic buying and strains on the food supply chain. The waivers greatly impacted daily operations:

- Waiver of Physical Presence and in-person nutrition assessment requirement
- Waiver of Bloodwork/Anthropometric requirements
- Waiver to postpone proof of residency, proof of income, identity, etc.
- Waiver of participant signature requirement for consent of rights and responsibilities
- Waiver on minimum stocking requirements at WIC approved stores
- Waiver for food flexibilities for milk, eggs, and bread (Participants can purchase 2% milk if the milk issued is out of stock. Any size white chicken egg can be purchased if grade A/AA out of stock. Varying sizes of whole grain products can be bought with WIC).



**Breastfeeding Program:**

WIC is committed to promoting, supporting, and protecting breastfeeding. We continue to have three Certified Lactation Counselors (CLC) on staff, participate in the Breastfeeding Peer Helper program and provide the services of an International Board-Certified Lactation Consultant (IBCLC) as needed via contract with an independent IBCLC Lisa Sheer. Breastfeeding services include 1-on-1 prenatal education and monthly breastfeeding class offerings. We also provide comprehensive postpartum support through walk-in breastfeeding consultations, after-hours breastfeeding support cell phone, a loaner breast pump program, assistance obtaining insurance provided breast pumps, and even return to work planning.

In May 2021, Coshocton County WIC signed up for breastfeeding outreach coaching through a program called Coeffective through the Ohio Department of Health. The aim is to improve breastfeeding outcomes for Coshocton residents by strengthening relationships between Coshocton WIC and the lactation teams at Genesis, Cleveland Clinic Union Hospital, Knox Community Hospital, and Pomerene Hospital.

Amanda Taylor completed her Certified Lactation Counselor (CLC) training course in December 2021. Lisa Sheer, IBCLC is working with Amanda to start Breastfeeding Cafes for moms in our community to have a safe space to share their breastfeeding journeys. A Coshocton County Breastfeeding Network (CCBN) is planned to include local community partners to encourage more breastfeeding support in Coshocton County and surrounding counties.

Coshocton WIC breastfeeding staff participates in the Southeast Ohio Breastfeeding Coalition, the Appalachian Breastfeeding Network, as well as holding a membership with the Ohio Lactation Consultant Association. Connections continue to be made with delivery hospitals in the neighboring counties to improve the breastfeeding outcomes and rates for WIC participants.

**Staff Outreach Efforts:**

Coshocton WIC staff connect with community partners often to distribute WIC Income Guidelines and promote WIC services. WIC staff serve on advisory boards, committees, and coalitions including: Early Childhood Collaborative Committee, Head Start Health Advisory Board, OSU Extension Family and Consumer Sciences Advisory Team, Breastfeeding Network of Knox County, Ohio Lactation Consultant Association, Southeastern Ohio Breastfeeding Coalition, Appalachian Breastfeeding Network, and Coshocton Fatherhood Initiative Committee.

## National Nutrition Month - Nutrition Fair:

Coshocton WIC hosted a drive thru Nutrition Fair at the Coshocton County Fairgrounds to celebrate National Nutrition Month. The nutrition education focus was the MyPlate and whole grains. Community partners in attendance included Help Me Grow, Coshocton Public Library, and the parent mentor from Coshocton City Schools. The Ohio Buckles Buckeyes car seat program offered car seat safety inspections to 5 families.

Fifty families attended this drive thru event. Per the feedback from the community partners this is now planned to be annual event. Given feedback from our preschool parents, we plan to host the event later in the day as public preschools attend during the hours of this year's event.



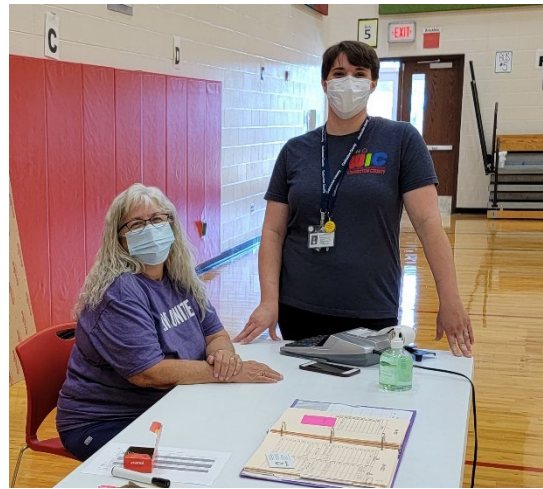
**Left:** WIC staff (left to right) Jackie Buchanan and Amanda Taylor. **Right:** WIC staff (top) Cindy Hilbish (bottom) Jackie Buchanan, Susan Worthington, Amanda Taylor, Brittany Taylor

## Farmers Market Nutrition Program (FMNP):

Women, infants (over 4 months old), and children that have been certified to receive WIC program benefits are eligible to participate in the WIC FMNP. A variety of fresh, nutritious, unprepared, locally grown fruits, vegetables, and herbs may be purchased with FMNP coupons. Coshocton County did not receive any WIC FMNP coupons booklets in 2020. For the 2021 farmers' market season Coshocton WIC received 200 FMNP coupon booklets. Barriers that hindered the success of the WIC FMNP in Coshocton were having to reestablish the program with the farmers and due to COVID-19 protocols staff were not able to attend any of the markets. Knowing these barriers, plans are underway for the hopes of a better season for 2022.

## 2021 Child Immunization Event:

As a community outreach event, Coshocton County WIC collaborated with Head Start, MCHC, and Coshocton Regional Medical Center, and Ohio Department of Medicaid to host a Child Immunization Event for ages 0-6 years at Coshocton Elementary School. Coshocton County WIC staff helped with hemoglobin/lead screening and promoted WIC services.



*Left:* WIC staff Adana McKay. *Right:* WIC staff (left to right) Jackie Buchanan and Cindy Hilbish.

## National Breastfeeding Month - Baby Expo 2021:

Coshocton WIC, in collaboration with the Maternal and Child Health Center, Help Me Grow, Head Start, and Family and Children First Council, hosted the 3<sup>rd</sup> Annual Baby Expo. This event was held at the Coshocton County Fairgrounds as a drive thru event. In attendance there was 37 families (19 pregnant women & 18 infants), 18 community partners joined us to present information on their services to promote health, safety, and infant wellness information. Ohio Buckles Buckeyes provided car seat checks and 5 families utilized their services. Additionally, over \$1,000 in door prizes from local businesses and community partners were donated and given away. Feedback from this event and was well received by community partners and families in attendance.



***Top Left:*** Coshocton Library Amanda Gress. ***Top Right:*** FCFC Jessica Schlabach and Ali Bates.  
***Bottom Left:*** WIC Jackie Buchanan. ***Middle:*** WIC Amanda Taylor and Brittany Taylor.  
***Bottom Right:*** MCHC Alisha Virostko.

## Ohio Buckles Buckeyes (OBB) 2021 Report

**Cindy Hilbish, Site Coordinator**

Coshocton County General Health District (CCGHD) became an OBB program site on August 14, 2020. Prior to our involvement, education on child passenger safety (CPS) had been erratic, if not, non-existent for many years in Coshocton County. The closest car seat inspection locations were our neighboring counties (i.e. Muskingum, Holmes, Guernsey, Tuscarawas). This presented an inequitable burden to our families.



**Funding for this program has been generously provided by:**  
 Coshocton Foundation & United Way of Coshocton County

**Car seats provided by:** Ohio Buckles Buckeyes Program  
*(An Ohio Child Injury Prevention Program of the Ohio Department of Health)*



Evenflo® Titan SureRide  
65lb Convertible Car Seat\*



Evenflo® Big Kid  
Highback Booster Car Seat\*

\*Colors/patterns will vary.

### About Ohio Buckles Buckeyes

The Ohio Department of Health’s OBB program provides child safety seats and booster seats to eligible, low income families. The goals of this program are to increase availability of seats for families who could not otherwise afford them and increase correct installation and proper use of child safety seats.

Families must meet these requirements to receive a car seat from CCGHD’s OBB program:

- Reside in Coshocton County
- Custody of a child birth to 8 years-old and/or expecting a child (within 30 days of due date)
- Income eligible within WIC Program guidelines, but does NOT have to be WIC enrolled
- Attend one of OBB’s virtual car seat classes

During 2021, all car seat classes were held virtually via zoom, hosted by our regional CPS coordinator, Logan Valentine of the Stark County Health Department as we raised the funding to send off two of our CCGHD staff to complete the 4-day training certifying them as CPS technicians (completed October 2021).

### **Fiscal Year 2021 Data (October 1, 2020 to September 30, 2021)**

Quarter	Classes Conducted	Seats Distributed	
		<i>Convertibles</i>	<i>High Back Boosters</i>
1 <sup>st</sup> October - December	9	29	3
2 <sup>nd</sup> January - March	9	8	3
3 <sup>rd</sup> April - June	7	10	2
4 <sup>th</sup> July - September	11	8	3
<b>FY 2021 Totals</b>	<b>36</b>	<b>55</b>	<b>11</b>

One car seat inspection station was offered at the 2021 Baby Expo event held at the Coshocton County Fairgrounds (see picture above). Five car seats were checked in a two-hour timeframe.