

# Nurturing Families of Coshocton

## PARENT & TEEN RELATIONSHIPS

*We will discuss topics of interest to every parent of a teenager such as:*

- *Teen brain development and how does that affect their decision making*
- *Taking care of yourself while taking care of your family*
- *How to communicate with your teen*
- *How to keep the lines of communication open with your teen*
- *How to love your teen during these difficult years*
- *Handling and talking about the tough stuff like drugs, alcohol and sex*

*And much more!*

Bring your teenager & join us for the best parenting workshop you'll ever attend! We will inspire you as parents, and motivate your teens. We provide many opportunities for interacting with each other as well as learning new skills that promote successful families.

*Light refreshments provided.*



**No childcare provided.**

*Take the first step toward a better, more fulfilling role as a parent.*

**Tuesdays**

**4:30 pm—6:00 pm**

**Enroll Today!**



**Nurturing  
Parenting**

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***Building A Stronger Community One Family at a Time***