

Children Younger than 10 Need Two Doses of H1N1

Flu Vaccine for Full Protection

The Coshocton County and City Health Departments remind parents and health care providers that children younger than 10 should receive two doses of H1N1 flu vaccine in order to achieve optimal protection against pandemic flu.

The Centers for Disease Control and Prevention (CDC) recommends children younger than 10 get two doses of H1N1 vaccine that are separated by 28 days to be effective.

“Children are at particularly high risk for H1N1 infection,” Robert R. Brems, County Health Department Commissioner, said. “Please be sure to fully protect your youngster by ensuring they receive two doses of H1N1 vaccine.”

Ohioans 10 and older need only one dose to be protected.

In addition to being vaccinated, Coshocton County residents can help stop the spread of illness by washing hands thoroughly and often; covering mouths when sneezing or coughing; and staying home from work or school if sick.

Children younger than 6 months cannot receive influenza vaccine, which is why caregivers and those who live with children younger than 6 months are among those high-priority individuals for receiving the H1N1 vaccine.

For more information on scheduled H1N1 clinics, call the Coshocton County Health Department’s Flu Hotline at 295-7317 or visit their website at www.coshoctoncounty.net/agency/health. Call the Coshocton City Health Department at 622-1736 for their H1N1 clinic times and information.