

How can I get more information?

1-800-755-GROW (4769)

TDD/TYY 1-800-750-0750

Or

The Ohio Department of Health,

Bureau of Early Intervention Services

(614) 644-8389, beis@gw.odh.state.oh.us

Help Me Grow is part of the Ohio Family and Children First Initiative and is endorsed by Governor Bob Taft and First Lady Hope Taft.



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Bob Taft, Governor
J. Nick Baird, M.D., Director of Health
An Equal Opportunity Employer/Provider





HELP ME GROW



What is Help Me Grow?

A program for Ohio's expectant parents, newborns, infants, and toddlers that provides health and developmental services so that children start school healthy and ready to learn.

Services are designed with your family's concerns and goals in mind.



Who is eligible?

- Pregnant women
- Newborns, infants and toddlers under the age of 3 and their families

What services does Help Me Grow provide?

- 1-800 phone number that gives referrals to your family
- Answers to questions about your infant or toddler's health and well-being
- Support and information about your infant or toddler's immunization, nutrition and development
- Offers and brings together special services such as prenatal visits, home visiting and family support to your family and children