



Annual Service of Remembrance celebrates the lives of Hospice patients.

P2



Leadership Coshocton and Hospice Teen Group gather to honor loved ones and plant memorial tree.

P4



HomMed Telehealth Ecosystem allows us to know patient's health status each and every day.

P6



HOSPICE • HOME HEALTH • PALLIATIVE CARE • EXTRA CARE • HANDYMAN • DD WAIVER

SUMMER 2011

Journeys

A History of Health Services

25 YEARS SERVING COSHOCOTON COUNTY

On June 1, 1983, several groups of interested individuals watched the film "Hospice, an Alternative Way to Care for the Dying." From this viewing, an informal committee emerged to explore the possibility of bringing hospice care to our county. Joan Gross, Kathy Johnson, and Gerry Shaw attended a workshop at Hospice of Dayton in September 1983 to learn the mechanics of establishing a hospice program. Hospice of Coshocton

became an Ohio not-for-profit corporation on November 16, 1984. The first Board of Directors was sworn in February 21, 1985.

The initial financing for Hospice came from the Dr. Richard H. Emmons Memorial Fund. Coshocton County Memorial Hospital agreed to provide office space and phone service and continued to do so until Hospice moved into its own facility. Pamela Price Gwinn was hired as Coordinator of Services on July 15, 1985, and was joined by Barbara Brooks Emmons in October 1985. The first Medical

Director of Hospice was Dr. Robert Gwinn, who continues to serve in that position today.

The first group of Hospice volunteers trained in November 1985, and the first patient/family entered the program in January 1986. Bill Given, Jr., and

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Service of Remembrance Celebrates Loved Ones

FAMILY AND FRIENDS JOIN IN LIGHTING CANDLES OF REMEMBRANCE

One hundred seventy-eight family members attended our 20th Annual Hospice Service of Remembrance, which was held in April at Roscoe United Methodist Church. This service encourages families to come



together with our staff and volunteers who helped in the care of their loved ones.

The service provided an opportunity to celebrate the lives of our hospice patients.

Hospice volunteer Bob Millspaugh and Alice Hoover, a friend of Hospice, offered a musical prelude. The staff and volunteers shared poems, meditations, and reflections. Paul and Brenda Neal provided harp music as family members lighted candles in memory of loved ones.

After the service, family members received angel ornaments, which had been lovingly made by the hospice staff and volunteers. The afternoon concluded with a reception hosted by volunteers.



We Give Thanks

TO CENTRAL CHRISTIAN CHURCH FOR HOSTING A BENEFIT PANCAKE SUPPER

Many thanks to Central Christian Church for again hosting a Lenten Pancake Supper to benefit our hospice division. This is the sixth year for this event. We greatly appreciate their loyal commitment to hospice.



TO COSHOCTON COUNTY CHRISTIAN BOWLING LEAGUE FOR THEIR "PIN" MONEY

Thank you to the Coshocton County Christian Bowling League for contributing their "pin" money to hospice for the third year. We appreciate their support.



OUR HISTORY

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25 YEARS

Bruce Wallace headed up the first Friends of Hospice fundraiser in January 1986. Additional support came from many local service and church groups. By the end of 1986, Hospice had admitted 17 patients. In 1987, Medicare certified the program and subsequently the state licensed it. The Hospice program has expanded over the years, offering a special emphasis in the area of community grief education and support.

By 1994, it became apparent that a "home of our own" was a necessity if Hospice was going to continue to grow and expand its offerings to Coshocton County. A Facility Committee, chaired by board member Fred Johnston, viewed numerous buildings in the county but found none to be satisfactory for our needs. The Coshocton Foundation kindly offered our present property along with additional financial assistance. Board member Ralph Wisenburg oversaw construction of our current building. Through the generous support of the Coshocton Foundation, The Schooler Family Foundation, Fred Johnston and many other individuals throughout Coshocton County, our present structure became a reality. The dedication of the new facility for Hospice of Coshocton County occurred on May 19, 1996.

In 1998, the Coshocton County Memorial Hospital approached Hospice of Coshocton regarding the possibility of purchasing its new Home Health Agency. This transfer of ownership occurred on January 1, 1999. Also, at that time Dr. Jerold Meyer came on board as Medical Director for the Home Health Division, a role which he continues to fulfill. Along with the Home Health Division, an Extra Care private duty division and palliative care service were added. As

a result, the agency formally changed its name to Health Services of Coshocton County and expanded its mission statement to reflect the broad range of services it offered.

In 2006/2007, Health Services of Coshocton initiated the idea of an inpatient Palliative Care Unit with Coshocton County Memorial Hospital. The agency spearheaded a fundraiser and soon opened a four-bed unit within the hospital in November of 2007. At that time, the hospital contracted with Health Services of Coshocton to manage the new Palliative Care Unit. The Ohio Hospice and Palliative Care Organization has twice singled out Hospice of Coshocton for recognition.

Also in 2007, the MRDD Board (now DD) approached the agency regarding the possibility of the agency becoming a waiver provider. This accomplishment opened yet another door of service to our community.

Initially in 1985, the agency employed three part time employees with a yearly budget of less than \$30,000. Today the agency employs 46 individuals with an annual budget of \$1,900,000.

Health Services of Coshocton County has always kept the medical needs of the community at the forefront of their planning so that citizens of our county may have the best and most progressive care within their own community.

For more information about the programs and services of Health Services of Coshocton County call us at the number below. You may also contact us to have a trained speaker come talk to your group or organization about Health Services.

Telephone: 740.622.7311

Facsimile: 740.622.7310

PAST BOARD OF DIRECTORS

1985 – Present Listed Alphabetically

Eleanor Baird	Fran Nelson
Mike Baker	Doug Owens
Linda Barcroft	Carol Owens
Alice Bell	Larry Pepper
Van Blanchard, Jr.	Harriett Pfaadt
Chris Broderick	Fenn Pierce
Jacqueline Broderick	Leo Prindle
Don Christensen	Charles Ransom
Linda Clemen	Jodie Robinson
Larry Cullison	Don Rushing
Debbie Dutton	Denley Schlegel, D.D.S.
Roger Eastman	Helen Scholfield
Kathryn Finnegan	Marie Secrest
Barry Ford	Marilyn Share
Kelly Fortney	Gerry Shaw
Tim France	Marilyn Shroyer
Betty Galit	James Sycks
Ann Gallagher	Grover Tipton
Bill Given, Jr.	Suzie Tupper
Elizabeth Graham	Reed Volk
Joan Gross	Bruce Wallace
Robert Gwinn, D.O.	Julie Werley
Wes Henglein	Ralph Wisenburg
Sandy Hess	Gary Wolfgang
Marsha Holderbaum	James Woodring
Rev. Dick Hoover	
Randy Hothem	
James Huntington	
Antonio Johnson	
Kathy Johnson	
Fred Johnston	
Phoebe Kanuckel	
Molly Kelly	
Mike Kimberley	
Terry Kittell	
Sandra Knuth	
Connie Leonard	
Jon Mattison	
Robert McCoy	
Betty McLane	

Coshocton Leadership Class Befriends Hospice Teen Group

DEDICATION TRADITION CONTINUES SINCE 2006

The Coshocton Leadership Class of 2011 befriended the Hospice Teen Group on Saturday, April 30, to honor the loved ones of the teenagers at the Hospice Community Remembrance Garden at Lake Park. Barbara Caldwell, a Master Gardener, founded the Remembrance Garden, a collaborative effort of Coshocton County Lake Park, Hospice, and the community. She and the park workers offered to share the garden with grieving teens of Coshocton County.



The teens held their first dedication in 2006. On

Saturday the 30th the tradition continued as 14 members of the Leadership Class

and 16 family members, including teens and parents, worked together with volunteers and staff from Hospice to weed, mulch and plant. At 11am the group gathered for a memorial tree planting of a weeping cherry. Patty Rohr of the Leadership Class read a tree dedication, and Elise Bachert of Hospice Teens read a poem about remembrance. Afterwards the group shared lunch at the

picnic shelter at Roscoe Village Visitor Center. At 1 pm the group launched helium balloons in memory of the loved ones.

The Leadership Class had begun planning this project during the winter months. Their goal was to spend a day interacting with teenagers who had lost a loved one. As the class members and the teenagers



THANK YOU



worked and laughed together, they shared their memories and their feelings of loss and grief. One mother remarked, "I am so happy my son participated today. He's needed this. He really misses his little sister." It was a day of reflecting on past relationships and creating new friendships.



Priceless support

We met so many kind, compassionate, perfect-for-the-job people. Thanks to you we were able to make all of our loved one's requests reality. Priceless!

Sincere thanks

Our family sincerely thanks you for your thoughts and prayers. It meant so much to have her home, and you made it possible.

Everything we needed

Hospice provided everything we needed to give my husband what he wanted – to be at home with family when he went to heaven. Thank you!

Wonderful care

My husband had the most wonderful care that anyone could ever have. I loved everyone that helped. Without you what would we have done? He died peaceful, and I was by his side.

Wonderful team

I can't say enough about hospice. You really helped the family with Dad's end of life care. I really don't believe Dad would have been able to pass away at home if it wasn't for all the help from hospice. The whole team was wonderful. Dad passed away very peacefully. Thank you! Thank you!



BOARD OF DIRECTORS AND STAFF

Board of Directors

President

Randy Hothem
RockTenn

Vice President

Larry Cullison
Medflight of Ohio, Retired

Secretary

Marilyn Shroyer
Ohio Heritage Bank

Treasurer

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Ohio Heritage Bank

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Dr. R. Gwinn

Dr. J. Meyer

Social Services Staff

Cathy Hudson, LSW

Shelley McCarty, LPC

Lloyd Tenney, Chaplain

Home Health Staff

Manager: Marge Donley, RN

Jenifer Eubanks, RN

Sheryl Frontz, RN

Emily Gephart, LPN

Krista Hunt, RN

Linda Kantner, STNA

Becky Share, RN, BSN, WCC

Jana Wise, RN

Kelly Young

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HomMed® Telehealth Enables Better Care Planning

TELEHEALTH IMPROVES HOME HEALTH MONITORING

Time spent with loved ones, watching grandchildren grow up and simply enjoying life is important to all of us. We appreciate these moments more and more as we age. Unfortunately, health can take a turn for the worse at any time and lead to loss of independence, hospitalization, or a stay at a nursing home. That's why daily health status monitoring is important – it can help to identify even slight changes and prevent a condition from escalating into something serious.

We have partnered with HomMed and their Telehealth Ecosystem to help individuals lead a healthy life. We can help decrease the chance of something unexpected happening. This program allows us to know each patient's health status each day and better manage individual care.

WHAT ARE THE BENEFITS OF REMOTE PATIENT MONITORING?

- Provides patients with a sense of security and peace of mind knowing that a medical professional is monitoring their health status daily
- Reduces preventable ER visits and hospitalizations
- Encourages self-management, adherence to care plan and medication compliance so individuals can lead a healthier lifestyle in the comfort of their own home
- Provides all care team members with health information they need to provide the best level of healthcare possible

HOW DOES THE REMOTE PATIENT CARE SYSTEM WORK?

The monitor is extremely easy to use. One of our staff will bring the monitor to the home, set it up, and demonstrate how easy it is to use. The monitor is about the size of a clock radio and can easily fit on a bedside table. At a preset time, voice and text prompts guide the user through the simple three minute process of collecting personal vital signs and answers to patient specific yes/no questions. The monitor measures weight, blood pressure, heart rate and oxygen levels.

WHAT HAPPENS AFTER I SEND MY HEALTH DATA?

Once collected, health status information is automatically and securely sent to our office. A nurse reviews the health information daily and calls if any of the data falls outside the parameters your doctor sets. We will also call if we don't receive the data. And, we'll contact the appropriate physician if further intervention is required.

WHAT DOES IT COST?

There is no cost to Medicare eligible patients who are referred to us for home healthcare services and meet the selection criteria. Other individuals have the option of being monitored at a nominal fee.

We'll help you or your loved one determine if the eligibility requirements apply.

JEROLD MEYER, M.D. RECOMMENDS TELEHEALTH

I have begun to use the HomMed Telehealth monitoring system with several of my home-bound, Health Services of Coshocton patients in the last few weeks. As everyone realizes, hospitals are discharging patients far earlier in their course of treatment, and many patients are leaving rehab centers as soon as their Medicare coverage ends. This leads to sicker and more complicated patients initiating Home Care.

Unfortunately, most Home Care patients have insufficient caregiver resources available in their home, and the sporadic Home Care visits by professionals allowed by payors are not sufficient to catch trends in patient condition during home convalescence.

The Telehealth monitoring system keeps track of weight, vital signs, pulse oximetry, and patient complaints in an automated manner, allowing adverse trends to be discovered earlier and allowing positive trends to be documented for all involved healthcare providers. This monitoring enables better care planning decisions.

My hope is that this type of home monitoring device might become part of an integrated health monitoring system, leading to fewer health crises, with reduced re-hospitalization rates, and better utilization of limited healthcare resources.



BOXED LUNCH DELIVERY DATES

Gourmet Boxed Lunch Fundraiser for Businesses

Wednesday, July 20th
and
Wednesday, August 24th

Only \$5.00 each
includes delivery

Call 622-7311 to order

The staff of Health Services of Coshocton is again selling Gourmet Boxed Lunches to area businesses.



Last year we raised \$3,050 for The Leukemia and Lymphoma Society. This year, the funds will continue to be used to support LLS, but we will also use part of the money we raise to provide social outings for our local Developmental Disability Waiver clients.

The lunches are hand-made by our staff and delivered to your business by our friends, families, and volunteers.

Health Services of Coshocton County provides the opportunity to improve and celebrate the journey of life through individualized services, compassionate support, and education.



2011 SUMMER GROUPS AND EVENT DATES

Groups meet at the Health Services of Coshocton office, 230 South 4th Street, unless otherwise noted.

For Registration and Information please call: 740.622.7311.

James Gano Memorial Auction

5:30 PM, Friday
July 8

Proceeds to benefit Hospice.
Sponsored by Agents Realty and Auction and Sears.

Gourmet Boxed Lunch Sale

Lunchtime Delivery
Wednesday, July 20
and Wednesday, August 24

\$5.00 per lunch.
Call 740-622-7311 to order.

Alzheimer's Caregivers Support Group

6:30 PM - 8:00 PM
Last Thursday of each month
No registration, no fee required.

NEW VOLUNTEERS JOIN HOSPICE TEAM

Meet our new hospice volunteers who completed a 27 hour training program during April and May and are now finishing up the paperwork needed to establish their roles as a volunteers for the hospice team.

Left to right are: Donna Underwood, Chris Sturtz, Delores Millward, Harvey Cunningham, and Greg Dean.



HEALTH SERVICES STAFF

Staff

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Hospice Staff

Clinical Compliance Coordinator:

Jennifer Hawkins, RN

Karen Bell, LPN

Mitzi Brunnegraff

Tonya Coleman, RN

Sheila Graves, CHPNA

Amy Latham, RN

Elaine Lower, RN

Diane Meek, RN

Carolyn Moore, STNA

Jonalee Potter, RN

Angie Taylor, RN

Extra Care

Extra Care Coordinator:

Emily Gephart, LPN

Waiver Staff

Waiver Coordinator:

Mary Green, STNA

Sharon Aronhalt, STNA

Joanie Bennett

Bob Bish, STNA

Marilyn Davis, STNA

Taylor Davis, STNA

Mary Ellen Gano, STNA

Candice Kaser, STNA

Beau Moore

Janet Rettos, STNA

Devin Rivera

Michele Stiltner, STNA

Chris Tallichet

Bryan West, STNA

Tasha Wright, STNA

Massage Therapist

Carol Bookless, LMT

Handyman

Bill Donley

Custodian

Terry McFerren

To contact Health Services of Coshocton County, please call:

740.622.7311

Fax: 740.622.7310



MEMORIAL

The following people have been lovingly remembered through a contribution to Health Services of Coshocton.

All contributions are used in Coshocton County and are greatly appreciated.

Robert Addy
 Lillian Frances Anderson
 Mark Armintrout
 Ralph Bolen
 Sharon Carpenter
 Reta Chapman
 Janet Crossley
 Cathy Dunlap
 Raymond Fitch
 Mildred Foster
 Dale Fuller
 Mildred Haight
 Clyde W. Haines
 Calvin Harrison
 James Henry
 Ruth Hill
 Lucille Mae Hoberg
 Eva Hootman
 Susie Hoy
 Beatrice Jonard
 Ben Lahna
 Helen Lanham
 Larry Leach
 Chester Loos

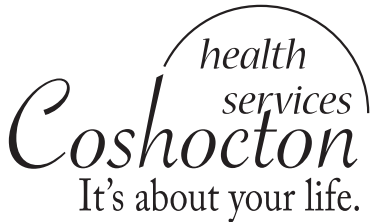
Ralph McGrady
 James Miller
 William Milliken
 Mary Lou Newhouse
 Imogene Mary Olinger
 Emmalyn Parkhill
 John Patterson
 Debbie Porteus
 Mary Lou Reigle
 Tracy I. Renfrew
 Don Savoie
 Roger Schnetz
 Wilma Shaw
 Robert Simpson
 James Smailes
 Louie Smith
 Harold W. Smith
 Robert C. Smith
 Pete Smith
 Orville Starkey
 Vera Stewart
 Janice Thomas
 Molly Udder

• **2ND ANNUAL** •
**James Gano
 Memorial Auction**
**Proceeds To Benefit
 HOSPICE**

Friday, July 8 • 5:30 P.M.

**Agents Realty
23024 County Road 621**

Sponsored by
**Agents Realty and Auction
 Service and Sears**
**Hog Roast, homemade
 desserts, music**



HEALTH SERVICES OF COSHOCTON COUNTY
 230 South 4th Street | P.O. Box 1284 | Coshocton, Ohio 43812

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